




保良局唐乃勤初中書院

PO LEUNG KUK TONG NAI KAN JUNIOR SECONDARY COLLEGE

20th Anniversary



*F*or all student. All for student.
For students' all round development.

The Kuk's Spirit

Mutual Respect

United Effort

Benevolence

Charitable

Gratefulness and Recognition

Dedication to Serving
the Community

Vision

Children are nurtured, Youngsters are educated
Adults are supported to contribute
Elderly are cared for
The less fortunate are lightened with hope.

Mission

To be the most prominent and committed charitable organisation.
In the Kuk's Spirit to do good deeds with benevolence.
Dedicated in protecting the young and the innocent,
caring for the elderly and the underprivileged,
aiding the poor and healing the sick,
educating the young and nurturing their morality,
providing recreation to the public, caring for the environment,
passing on the cultural inheritance and
bringing goodness to the community

Values

Fine traditions, Accommodate the current needs
People-oriented, Care and appreciation
Sound governance, Pragmatism and innovative
Integrity, Vigilance
Optimal use of resources, Cost-effectiveness
Professional team, Service with heart

保良精神

相互尊重

團結合力

延展愛心

行善助人

感恩知德

造福社群的奉獻精神

願景

幼有所育，少有所學，壯有所為，老有所依，
貧寡孤困殘病者皆有所望

使命

成為最傑出、最具承擔的慈善公益機構，
發揮保良精神，以善心建善業，
致力保赤安良，護老扶弱，助貧健診，培德育才，
揚康樂眾，實踐環保，承傳文化，造福社群

價值觀

秉承傳統 與時並進
以人為本 關愛感恩
優良管治 務實創新
廉潔奉公 安不忘危
善用資源 注重本益
專業團隊 愛心服務

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保良局丁酉年董事會 Po Leung Kuk Board of Directors 2017-18

主席 Chairman



陳細潔小姐
Miss Abbie
S K CHAN

副主席 Vice-chairmen



蔡李惠莉博士
Dr Margaret
W L CHOI



馬清楠律師太平紳士
Mr Ching Nam MA,
OSJ, JP



何超鳳女士
Ms Daisy
C F HO



羅梁芷珊女士
Mrs Canny
C S LO

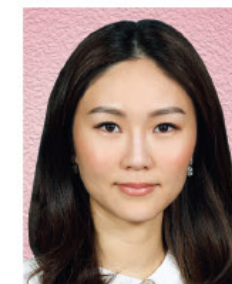


林潞先生
Mr Calvin
L LAM

總理 Directors



陳正欣博士
Dr Daniel
C Y CHAN



龐董晶怡女士
Mrs Helena
C Y PONG



陳黎惠蓮女士
Mrs Winnie
W L CHAN



朱文忠先生
Mr Sam
M C CHU



李何芷韻女士
Mrs Amanda
T W LEE



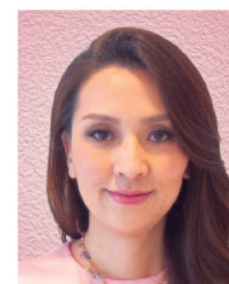
譚毓楨小姐
Miss Jenny
Y C TAM



顧東華先生
Mr William
T W KOO



曹貴子醫生
Dr Roy
K C CHO



鄧宣宏雁博士
Dr Emily
H Y TANG



何猷亨先生
Mr Arnaldo
Y H HO



林承毅先生
Mr Louie
S N LAM



陳健文太平紳士
Mr Clement
J W CHEN, JP



卓歐靜美女士, MH
Mrs Corona
C M CHEUK, MH



郭浩泉先生
Mr Patrick
H C KWOK

保良局唐乃勤初中書院創立二十周年誌慶

卓育菁莪



校監 劉陳小寶女士
BBS JP 敬賀

保良局唐乃勤初中書院創立二十周年誌慶

誨人不倦

化雨均霑



保良局丁酉年主席 陳細潔 致意



香港中文大學
The Chinese University of Hong Kong

培育新智
啟迪後進

香港中文大學校長 沈祖堯



致意

保良局唐乃勤初中書院二十周年誌慶



香港科技大學
THE HONG KONG UNIVERSITY OF SCIENCE AND TECHNOLOGY



香港科技大學校長陳繁昌



敬賀

樂育菁莪
春風廣被

保良局唐乃勤初中書院二十週年校慶誌慶



香港理工大學校長唐偉章



敬賀

耕耘二十載
桃李喜盈門

保良局唐乃勤初中書院二十周年校慶



香港浸會大學
HONG KONG BAPTIST UNIVERSITY



香港浸會大學校長

錢大康



敬賀

弘德育才
教澤永霑

保良局唐乃勤初中書院二十周年校慶誌慶



嶺南大學校長

鄭國漢



敬題

廿載教澤 廣栽桃李

保良局唐乃勤初中書院
二十週年誌慶



香港教育大學校長

張仁良



敬賀

廣植桃李 培育棟樑

保良局唐乃勤初中書院二十週年誌慶

保良局唐乃勤初中書院創立二十周年誌慶

爾乃勤誠二十載
作育英才獻香江

保良局百周年李兆忠紀念中學

丁永興校長 敬業

保良局唐乃勤初中書院二十週年校慶誌慶



政府創辦·多元創新

Government established · Diversified and innovative



香港公開大學校長

黃玉山



敬賀

School Vision and Mission

School Vision

In the pursuit of educational excellence, the school seeks to establish an environment on campus conducive to an enjoyable and effective teaching and learning atmosphere. By embracing a rich life together, teachers and students work in partnership to mutually encourage each other and instill the spirit of life-long learning.

School Mission

The school is committed to providing high quality education to enhance students' bi-literacy and tri-lingualism, to develop students' higher order thinking skills, and to foster students' multi-intelligence. As a caring community, the school values and promotes the growth of the whole person so as to enable the student to become a responsible citizen and make a positive contribution to the local and global community. The school motto of Love, Respect, Diligence and Honesty embodies the school ethos.



School Mission

“Love, Respect, Diligence, Honesty”

School Goals

Po Leung Kuk Tong Nai Kan Junior Secondary College aspires to be a leading aided junior secondary college in Hong Kong, providing quality junior form education. It seeks to actualize its vision and mission by

- ✦ promoting successful, enthusiastic and inspirational teaching and learning,
- ✦ enhancing students' language proficiency,
- ✦ developing students' potential with multi-intelligence and creativity, and
- ✦ fostering students' self-discipline and nurturing students' sense of responsibility.

School Hymn

Boys and girls of Po Leung College To be honest and

a-mi-a-ble Bril-li-ant and faith-ful di-li-gent and hum-ble

These are the vir-tues we long for Youths of cour-age

youths of dar-ing full of per-se-ve-rance and will

spirits are al-ways in pro-gress hearts to con-quer

e-very ill Well-known schools are plen-ti-ful

With thou-sands of heroes com-ing forth And they flou-rish

high and faith-ful Po Leung Col-lege some-thing

more

20th Anniversary Song

《學校回憶》

《二十周年校慶舊曲新詞創作比賽》得獎作品

曲：《海闊天空》 詞：張睿顯、陳凱盈、羅善妍、吳家晴、楊婧

許多次 曾做錯過跌倒過
懷著了奮鬥的心決定去追
尊師我緊記
亦友亦師這感覺
感激分秒教誨我
陪著我（人人共讚）

很多次 經歷挫折與失敗
永沒有忘記過堅毅的決心
勝利那一刻
為校爭光的喜悅
不知不覺已長大
會留戀（學校生活）

*感謝我這一生守護著我的老師
讓我一生敢於去挑戰
給予我支持 扶我站起來
跨越充滿挑戰的每一天

許多次 曾做錯過跌倒過
懷著了奮鬥的心決定去追
尊師我緊記
亦友亦師這感覺
感激分秒教誨我
陪著我（人人共讚）*

您的循循善誘
永遠銘記於心 珍貴回憶*

Message from the Principal

Throughout the years, the school has been successfully reformed to be a professional junior college in nurturing our youngsters and preparing them for their future challenges. Our teachers have dedicated themselves incessantly to education, and their efforts and team spirit have paid off – enabling JSC to sustain its development on a stronger than ever foundation. We are honored to receive the highest recognition and affirmation on our brilliant and successful result in our work in 2017, the PLK Outstanding School Award.

TNK aims at equipping our students to be the tomorrow's leader with character and intelligence. With the ceaseless support by our school sponsoring body and the contribution of past and present school managers, principals, teachers, supporting staff, parents, students and alumni, we have already begun to establish a reputation as a full EMI arrangement school in Sham Shui Po. Grounded in our Kuk's spirit and immersed in a tri-lingual learning environment, Naikanians are well known for their good character, language ability, globalized vision and serving heart.

To match with our education ambitions, school-based curriculum has been developed and innovative pedagogies have been implemented. The learning experience has been further enhanced with the establishment of the Learning Commons, Debate Room, iMac Lab, Orchestra Room, Campus TV, Lecture Theatre and other eLearning devices. These initiatives have made learning in TNK not only interesting, but also engaging and exciting.

In order to further elevate our academic achievements in Mathematics and Science in local and international competitions in the coming future, our school would like to start promoting and developing the STEM education. STEM integrates different subjects that are related to Maths and Science into a cohesive learning paradigm based on real-world applications. We hope that our guidance and teaching could be inspiring, and there will be no limits for our students to develop their creativity and innovative skills and to finally apply those skills in their own STEM design. To achieve this, the school is going to re-design the curriculum of the technology subjects. We would like to put emphasis on the teaching of programming techniques so as to match with the most updated “app” development. Besides, we aim at incorporating the programming techniques into engineering design so that students can use their mobile devices to control all electronic appliances. We hope that such settings can provide a good platform for our competent students to further discover and show their strengths as well as to acquire and practice their skills. I am looking forward to seeing our students shining in the future and sharing the joy of harvest and accomplishments in a short period of time.

Under the dedication of our stakeholders, PLK Tong Nai Kan JS College is a school of very good reputation in Hong Kong. The drive for excellence permeates deeply in the school culture. I would like to take this opportunity to sincerely thank the entire staff for your professionalism and commitment in building a solid foundation of the school. Also, I would like to express my gratitude to the parents for your continuous support to our school and students. I am confident that our students are ready to face any new challenges, to excel both academically and in all-round development and to become the leaders of tomorrow with character and intelligence living out the core values of the Kuk's spirit.

Mr. Kenneth Wong Chung Ki
Principal

Our History of Development

1990's



Po Leung Kuk Practical School

- 1997** • School was founded. In support of the Education Policy about catering for students' diversities, some practical subjects such as Accommodation and Catering Services, Air-conditioning and Refrigeration, Fashion and Clothing and Home Design were introduced.
- School was located in a temporary school campus which was previously occupied by the Society of Boy's Centres Hui Chung Sing Memorial School in Pak Tin Estate.
- Mr. Ting Wing-hing, Eric was appointed as the Principal.



1998

- 1998** • School was moved to the present school campus at 11 Mei Lai Road, Mei Foo Sun Chuen.
- Boarding services was provided to students in need.
- 1999** • Naming Ceremony with Mr. Joseph Wong Wing-ping GBS, JP, the Secretary for Education Department as the Guest of Honour.

2000's

Po Leung Kuk Tong Nai Kan Practical School

- 2000** • Naming Ceremony of New York Life Library.
- In appreciation of the generous donations made by Dr. Tong Nai-Kan, the director of Po Leung Kuk in 1999-2000. School was renamed as 'Po Leung Kuk Tong Nai Kan Practical School'.
- 2001** • Naming Ceremony with Professor Dr. Dominic S.W. Wong, GBS, OBE, JP, the Secretary for Housing, as the Guest of Honour.
- School was changed into a mainstream school which has become the 14th grammar school of Po Leung Kuk. School was renamed as 'Po Leung Kuk Tong Nai Kan College'.
- Ms. Lau Suk-kau was appointed as the Principal.



2006

Po Leung Kuk Tong Nai Kan College

- 2002** • Classes for the Hong Kong Certificate of Education Examination (HKCEE) were launched. There were both Technology Class and Science Class.
- 2005** • School Improvement Project by EDB was carried out, there was an expansion of the main building, Physics Lab and Chemistry Lab have been built.
- 2006** • School was permitted by the Education Bureau to be a through-train government-aided secondary school of Po Leung Kuk Vicwood K.T. Chong Sixth Form College. We are officially the first government-aided Junior College in Hong Kong.
- 2007** • School's 10th Anniversary.
- 2008** • Mr. Wong Chung-ki was appointed as the Principal.

Po Leung Kuk Tong Nai Kan Junior Secondary College

- 2009** • The first cohort of Form 3 students graduated and continued their senior secondary education at the Po Leung Kuk Vicwood K.T. Chong Sixth Form College.



2009



2013

- 2013** • The Debate Room and new School Canteen were completed, a more pleasant and harmonious learning environment is provided.
- 2014** • The Campus TV and iMac Lab were completed, the new facilities definitely help make teaching and learning more effective.
- 2015** • A generous donation from Associated International Hotels Ltd. was received. Our former hostel was renovated into a new annex which was named 'Tian Teck Building'. Another donation from Ms. Irene Yu and our school donor cum former Board of Director (1999-2000), Dr. Tong Nai-kan was received. The Lecture Theatre was named 'Irene Yu Lecture Theatre'. Dedication Ceremony cum Opening Ceremony with Mr. Eddie Ng Hak-kim, SBS, JP, Secretary for Education, Education Bureau, as the Guest of Honour.



2015

2010's

- 2010** • Our school and PLK Vicwood K.T. Chong Sixth Form College have joined forces to operate as a through-train government-aided secondary school serving students from JS1 to SS3. All students completing their junior secondary education in our college would continue their senior secondary education in Po Leung Kuk Vicwood K.T. Chong Sixth Form College. School was renamed as 'Po Leung Kuk Tong Nai Kan Junior Secondary College'.

- 2012** • The Geography Room, Home Economics Lab, the newly-built Multi-purpose Room, Janitor Common Room, Printing Room and the expansion of school office were completed for the preparation of quality education and whole person education.

- School's 15th Anniversary.



- 2015** • A lecture theatre, a Student Union room and several multi-purpose activity rooms were located in the new annex. An orchestra training centre, music training rooms and a band room were also set up for students who are passionate about music.

- 2017**



- Our school was honoured to receive 'Po Leung Kuk Outstanding School Award'.

- School's 20th Anniversary.



2017

Contributions from Colleagues



Photo taken by Ms. Siu in Scotland in 2016

Education is a *journey...*

from innocence to independence,
from denial to acceptance,
from dilemma to truth,
from obstacles to breakthroughs,
from shyness to bright,
from darkness to light.

Boys and girls of Po Leung Kuk Tong Nai Kan Junior Secondary College,
keep shining and keep smiling!

Vice Principal
Ms Siu Pui Yin

手執2002-03年度學校校報，封面是師生戴著口罩的班照，標題是「活在瘟疫蔓延時」。那一年，是我們被沙士突襲，老師同學們一同艱苦抗疫的一年；那一年，也是我來唐中（當時還未是唐初）的第一年。

翻著2002-03年度學校校報，嘴角不住微彎，一幕幕難忘回憶重現……當中有笑有淚，有你有我，方才發現，原來今年已是我在唐初的第十五年了。

凝視2002-03年度學校校報，它仍舊如新，因為這份校報對我來說有特別的紀念價值。當時我以新成員身份被邀投稿，這也是我有份參與的第一份校報。

重閱2002-03年度學校校報，編輯預設了6題必答題，我在第6題分享了自己投身教育的理念。事隔15年，縱然角色稍有改變，現在我再回答這道問題，答案跟15年前沒有多大改變，慶幸自己沒忘初衷。至今，我仍以此自勵：「我視參與教育工作為人生之責任及使命多於一份職業。」

期望再15年後，我仍能保持初心，如這份15年前的校報一樣如新。

劉碧珊副校長



▼梁同學和蔡同學共諧連理



▼張同學和陳同學共諧連理



▼舊生好友齊來當「兄弟」與慶賀



作為教育工作者，除了教導他們知識，能看見他們成家立室，展開人生另一個階段，令我感動和難忘。

踏入20週年，學校面對教育的挑戰不再一樣了，困難各有不同，但老師為培育莘莘學子的初心始終如一，為學童繼續提供優質的教育。

陳貴輝助理校長

- 1997年香港回歸中國是歷史性的時刻。
- 1997年教育署為響應《教育統籌委員會第四號報告書》設立了實用學校，也是開創香港另類教育的歷史時刻。
- 1997年保良局也肩負了這個歷史使命，成立了保良局實用學校。創校校長是丁永興先生。他帶領十數位老師開荒，雖然工作十分艱辛，但在大家齊心協力下，學校總算能提供師生一個安全、適切及關懷備至的學習環境。20年後，成為今天的保良局唐乃勤初中書院，以主流學校模式運作。

那時實用學校的學生，現在都30歲了。他們現在的職業或許稱不上高尚，成就或許不算非凡，但他們大都富人情味，懂得感恩，安分守己。作為老師，我深感這也是一個很好的成果。最近三個月，有兩位實用學校舊生結婚，因感於我當時是他們的班主任，邀請了我出席他們的婚宴，我心裏著實為他們高興，也沒有藉口可以推辭，就一口答應了。

4月13日是梁同學和蔡同學的結婚好日子。一個月後，5月26日張同學和陳同學也共諧連理。婚宴都是設在一間專營婚宴的酒樓。酒樓地方不大，但氣氛暖暖的，且擺設精緻，IT設備齊全。他們四個分別於2004年及2006年畢業，一班這兩年畢業的好友齊來慶賀。多年沒見，這班舊生都熱情地和我打招呼，拉著我細說當年校園生活點滴，感謝當年一班老師的教導。



▲舊生好友齊來當「姊妹」與慶賀

Contributions from Colleagues



光陰似箭，日月如梭，身在課堂的時候，老師很難想像學生長大了是什麼模樣，因為在老師眼中，所有學生都是天真無邪的小孩子。年復年，日復日，學生不斷更替，但老師對學生的關愛是永不會變。相中的男士是本校校友會的創會會長（十二年！他擔任了十二年會長，足見他對學校的濃情厚愛！），亦是其中一位與我感情最深厚的學生，想當年他可是非常懂事的。轉眼間昔日的小子，現已長大成人，更有有可愛的女兒！能夠伴著學生成長，是身為老師的福氣！

梁佩芬助理校長



日期：2015年1月的某個下午

地點：大嶼山

人物：保良局唐乃勤初中書院3C班學生，還有我

猶記得我們經過一番努力，互相扶持，在教練的協助下，終於闖過難關，攀越石澗，登上高峯。當時大家展露愉快和滿足的笑容，成了我人生中的一抹難忘的風景。

張惠芳老師

緣

造物者運用偉大力量，創造了世界，也創造了人類。即使你，和你，並不相識，但世界之大，大家在不同時期，與唐中有連繫，是有緣，也是有份。

二十年，說長不長，說短不短；對一段歷史時期來說，卻起了關鍵作用。學校於這二十年間，一點一滴，就是靠處於學校不同階段的你，和你，共同建立出來。學校一路走來，是因為有你；學校將繼續向前邁進，也是因為有你。祝願所有與唐中有緣的人，擁有美滿的生活，二十年只是年青的開始，也祝願唐中，將來會有更輝煌的成就！

趙敏明老師



光陰荏苒，日月如梭。保良局唐乃勤初中書院自一九九七年創校至今，不經不覺已經踏入第二十個年頭。要維繫一個「家」二十年，必定經歷了無數挑戰、考驗和困難，而唐中所面對的挑戰及考驗，比一般的學校更多。過往二十年，唐中不斷進步，由實用中學躍升至現在全港惟一一間津貼初中書院，而我有幸能在當中見證著學校的成長，亦讓我感受到只要一家人同心協力，攜手面對，任何困難都會迎刃而解。

記得我剛加入唐中這個大家庭時，這裡是一所實用學校，學生的家庭背景相對比較複雜，往往因為家庭或個人成長的問題而無法專心學業。當時的我，著重扮演一個「益友」多於「良師」的角色，陪伴學生經歷，扶持他們成長。後來學校發展成為一所文法中學，開辦會考班，我與一群老師也致力協助學生面對公開考試，與學生一同面對成長的種種挑戰。同學多知道我是教數學的，但其實我曾經是一位化學科老師呢！很感恩我在學校一直擔任培養學生品德和正確價值觀的工作。我曾主力擔任德育及公民教育組的工作，兼任訓育組老師。那些年，我在訓育組只是一個小角色，現在我卻全情投入。回顧過去十多年的時光，教學讓我得到很大的滿足感，我既見證著學校的成長，與學生相處的時光也豐富了我的人生。

學生一年一年的畢業，他們因應著自己不同的能力，在社會上擔任不同的崗位，不論他們現在是順境或是逆境，最令我安慰的是，他們也有不放棄的精神，仍然堅持良好的品德。眼見他們由懵懂無知的小孩，蛻變成有夢想、有目標年青人，能夠懂得尋找生活的意義，實在令我感動！我覺得培養學生良好的品德和建立正確價值觀是很值得我去深思的工作，那種工作上的滿足感，令我在教學和訓育角色上有更深的體會。我無悔選擇教師作為我的終生職業，因為學生讓我覺得教師並不只是一個職業，而是一種使命。多謝唐中、所有與我一同奮鬥的老師及學生們給予我這寶貴的經歷。

二十歲，正正是朝氣蓬勃的青年時期，唐中正茁壯成長，邁步向前，校園充滿着青春的氣息，充滿着拼搏的衝勁。唐中秉承着優良的傳統，開拓着煥新的明天。衷心祝願保良局唐乃勤初中書院能衝上雲霄，再創輝煌，創造更多個美好的二十年！

裘俊明老師

Contributions from Colleagues



芒果糯米飯

我喜歡芒果糯米飯。看到它，你是不是垂涎欲滴？不過我不只是欣賞它晶瑩的、亮黃的、鮮美的外表，而是它往往帶給我無限的驚喜。它既有椰子的清香，又有芒果的甜膩；有飯團黏稠的質樸，又有炸米香脆的淘氣。

是的，芒果糯米飯也會進化的。

芒果是一樣的芒果，糯米飯是一樣的糯米飯。這些都是「芒果糯米飯」的基本材料。

可是，它的糯米飯多了點斑蘭葉的清香，椰奶也故意分別奉上，再加了點點炸米花，於是，它就脫胎換骨了。

教學不也是一樣嗎？

黃曉彤老師

變

學校經歷了20年，由當初的實用學校，轉變成普通文法中學，再成為今日的初中書院，當中實在經歷了很多變遷。這一切的改變都來得不易，有賴學生和老師的不斷努力，才能夠有今天驕人的成績，並繼續邁步向前。

還記得第一天走進課室，每一位同學都像乖巧到不得了。但不足一個月，他們的真面目便開始表露出來了。有些上堂貪玩，常常離開座位；有些不願交功課，更不用說要他們溫習了；有些卻不願意承擔責任，每天流連於留堂班的課室。在又管、又教、又勸、又勉的過程中，實在艱辛，滋味百般。



光陰荏苒，每當舊生回校探望昔日的恩師時，總會見證到他們的成長和改變。他們的樣子端莊了，心智成熟了，思想穩重了，不再是往日校園不懂世事的黃毛丫頭，或是調皮搗蛋的小子。他們會為自己的學業、事業、前途着想，甚至為自己的家庭、孩子打算，實在是一個很大的轉變及進步。能夠陪伴他們走過人生中青蔥的歲月，當天的辛酸、艱辛的滋味，一切都是值得的。

這個「變」，繼續在這充滿活力的校園中影響著一個又一個的生命。

李淑芬老師

給500位學生的信

你們好嗎？還記得我這位老師，17年教學生涯，曾是你們500位同學的班主任，相信有很多學生仍記得我們相聚過的時光。人到了某個年紀，記憶力就差了，說真，我忘了你們大部份的名字，但我仍記得你們曾經活潑而魯莽的行為，大笑時露出不整的牙齒，談過開心而無聊的話題。

「讓我有個美滿旅程
讓我記著有多高興
讓我有勇氣去喊停
沒有結局也可即興」

我們在班中試過大聲唱歌嗎？誰會走音，誰在拍掌，誰只懂傻笑。希望你們在疲倦的時候，回想曾經有過幸福的青春。

「難堪的不想
只想痛快事情
時間尚早
別張開眼睛」

仍記得我們有好多話題，有學業，家庭、愛情。我想如果我有多一些耐性，相信你們會講得更多。

「長路漫漫是如何走過
寧願讓樂極忘形的我
離時代遠遠
沒人問煙火
毫無代價唱最幸福的歌」

你們還記得我講過的笑話，說過的道理，發過的脾氣嗎？或許當時我並不明白你們，也請你們不必記在心。

「從今天開始
相識當作別離
時間就似活多一世紀」

500個人有500種際遇，但我們有一個共通點，不論你喜不喜歡，上天給了我們曾經有過一年的緣份。

祝
各位安好

你們的班主任
梁偉基老師

《日常》

蕭永顏老師

課室裏靜悄悄，空蕩蕩，夕陽的餘光在白淨的牆壁上抹了一把金紅。

「傑，你也進來，坐在父親身旁吧！」
「唔……不過，Miss Lee，我想去廁所。」
「好吧！」

Miss Lee把傑的成績表放在傑父跟前。傑父的眼鏡倒影出一行一行的紅色數字，隨之黯然的神色也在傑父臉上擴開了。金紅的白牆倒照着傑父的背影，在Miss Lee的眼內，這團黑影木坐着，沒有一絲反應，似是沒有生命，沒有感情，給人窘迫的感覺。

啪——叩門的聲音緊跟着傑的腳步而來。

「咦！傑，不消兩分鐘，那麼快就回來？」Miss Lee輕輕一問。傑沒有答腔，只是低着頭，迅步走到父親身旁坐下。

「臭小子！你剛才不是去廁所，而是到二樓看小琳。」傑彷彿被刺着，頭顱越低越下，隱約聽到「沒……有」二字從傑的咽喉內迸出。「還裝蒜？你的尾巴露出來了。」

「好吧！陳生，傑下學期的成績不大如前。」Miss Lee轉向一直木坐不動的傑父說。「學期初，傑還會拿出書本上課，可是後來卻連書本也不帶，乾脆倒頭便睡，幾經勸戒，仍舊不理。要是傑肯努力點，相信他的成績決不是那麼糟。」Miss Lee嘗試勾起傑父對傑的關心。

「算吧！Miss Lee，我一向都不會理會他的成績，只要他還似個人，不就可了？」傑父的反應倒令Miss Lee始料不及。「你們這些所謂的老師，只會懂得對學生呼呼喝喝。哼！領教了！原來都是一班窩囊廢……」

傑父的說話一句一句的釘入Miss Lee的心裏。羞憤的怒火隨着血液流遍體內每個細胞。Miss Lee眼底下的父子，父的口中不斷吐出令人羞辱的句子；子的正低着頭，緊掩着不懷好意的嘴角。Miss Lee瞪着傑說：「陳生，你說完吧了。我有話要說，你給我聽着。你問問你的兒子傑，過去的日子是誰陪他走着？當他和小琳鬧翻時，誰安慰他？誰給他修好？誰支持他？」Miss Lee的一字一句，正正勾起傑往日的回憶，傑收起剛才的難掩的恥笑，鼻子不禁抽索起來。

「傑，你要去見小琳的話，我會拒絕嗎？你和小琳的事，有甚麼是我不了解？你在父親眼底下說謊，叫人甩臉的，並不是我呀！而是在甩你父親的臉。」Miss Lee轉過身來，望向陳生，蓄勢待發的保衛着最後的自尊。但見陳生低着頭，一語不發。Miss Lee的戒備並沒有鬆下，只是等待着，等待着。

空氣彷彿凝住了，只見白牆上的黑影慢慢道減退去。

「好！Miss Lee，我服你，我放心把兒子交給你教。」Miss Lee的目光正與傑父的目光碰頭，傑父的回應倒教Miss Lee不知所措。「陳生，那麼你還可以靜下來讓我繼續說吧！」「可以。」「我的資格是專業的，並不是你口中的廢柴。」Miss Lee進一步重築起身為人的尊嚴。「我悉心安排今日的家長會晤，希望陳生你亦能重視。」

「明白，我明白Miss Lee的苦心，真不好意思，我這麼的粗魯。這樣吧！要是Miss Lee不嫌棄，日後請到我家吃飯，我沒本事，舉鎚揸鎚就是我的能事。」傑父臉上的神色不禁雀躍起來，家常閑話不停的說着，彷彿是跟着家人般閑聊着。

傑父忽然舉起手，神情動作有如課堂上的學生，「Miss Lee，我想去廁所。」

「好吧！」

The Spirit of *Bo Jin*

Mr. Yeung Wing Shing

While students spent most of their time and efforts on academic studies at school, extra-curricular activities play a no less important role in their school life.

Throughout my years at Tong Nai Kan, I have had the pleasure of leading different school teams, where a different side of the students can be seen.

Debating is a highly mind-intensive activity. It not only requires hours of hard work to do the research, but also takes even longer to come up with a good team line, an ear-catching punch line or a perfect metaphor. Having worked with the Liberal Studies and English debate team for years, I am glad to see the devotion of my students and their growth in the process. Some stayed and worked till late just to write a better script. Some have shown great leadership in helping out their teammates. And of course (We) won't forget the one who gave possibly the greatest courage in his life to sing on the stage! There was a lot of tough work but there were also enjoyable moments.

Football has long been my passion and certainly I can't be happy enough to be with the football team. You may watch Premier League matches on TV every week, but watching the school football team match live is more breathtaking. As a team, we win together, lose together. Kim Pan-Gon, the Head Coach of Hong Kong Football Team, said, in his position, he would "die for Hong Kong". This is the spirit of *Bo Jin* (搏盡). There is no guaranteed win, but it's how you fight, how you make a comeback that matter the most. This is what you can witness from our young footballers.

I did not come across the spirit of *Bo Jin* until I was in university. Yet, with the speedy flow of information, the phrase has become so widely used nowadays and some have even regarded it as a cliché. Nevertheless, I still believe this is a spirit that we've all got to have, especially in a team.

Bo Jin is to Try until you can't,
Not give up easily and
Keep going till you reach the goal.

My secondary school teacher said being a teacher is to "walk an episode in life with students together". Our episode at TNK may be a bit shorter than elsewhere, but I am sure it is equally, if not more, wonderful. As the saying goes, "*Bo Jin*, and no regret".



20th Anniversary Competitions

中國語文科·20周年校慶徵文比賽

母校，伴我成長

1E 陳炯希(20)

保良局唐乃勤初中書院，你是一棵大樹，伴隨我這株小幼苗茁壯成長。還記得開學日，我戰戰兢兢，不敢怠慢的，跟著大哥哥、大姐姐一起爬上一段又一段的樓梯，進入了學校，也就是我第一天當中學生了。

母校，你伴著我成長。我記得其中一次木工課，我需要製作一架模型車，由於要操作機械，老師千叮萬囑要我們小心，我真要步步為營。幸好，最後有驚無險，順利完成作品，還得到老師的肯定，真令我喜出望外呢！

母校，你伴著我成長。那一次，我參加了「扭計骰」訓練班。原本，我想參加象棋班的，最後還是選了「扭計骰」訓練班。別小看這個好像玩具的「扭計骰」，原來玩法大有學問，難怪我們對這個遊戲愈來愈感興趣呢！

母校，你伴著我成長。我還以為上了中學後，老師對我們的要求會比較寬鬆，怎知道剛好相反。不僅是學業，而且品德方面，都有十分嚴格的要求。老師希望我們能夠擁有豐富知識之餘，還有優秀的品格，所以我會遵從老師的教誨，為自己的將來努力的！

母校，雖然我在這裡學習的時間不算多，但這段時間實在令我難以忘懷。我感謝你無私的奉獻！將來，我會驕傲地說：我在保良局唐乃勤初中書院畢業！

母校，願我能

2A 楊嘉慧(18)

假如我是一棵小樹苗，那麼母校便是灌溉著我，讓我成長的養份。母校用盡一切方法、資源培育我成長，盡力讓我成為一棵茁壯的大樹。

從樹苗長成參天大樹，固然少不了自己的努力，可也少不了母校對我灌溉的知識。母校除了教會我知識，但同樣的，也教會了我人生的道理，以及讓我擁有了人生目標。

「承擔」這個詞對於之前的我來說，從不敢想，從不敢做，從不敢面對，因為這個詞的意義太沉重了。可是母校卻讓我學會了承擔。我學會了承擔什麼呢？學會了承擔難題、學會承擔錯誤、學會了承擔責任。

承擔這個詞，人人都會說，可是卻不一定能做到！雖然這只是個詞，卻足以讓我一生受用！它小至承擔自己犯下的錯誤；大至承擔養家的責任。一個人惟有對自己的人生負責，建立真正屬於自己的人生目標和生活信念，才可能自覺地選擇和承擔起對他人、對社會的責任。

其次，我們每一個人都有自己的人生目標和規劃，小至為下一次考試的成績奮鬥，大至將來要走向的工作。為了實現這些目標與理想，必須要努力，付出汗水甚至是淚水。在我付出了睡眠時間、付出了汗水，最後能獲得更豐富的知識的同時，優異的成績和理想的工作也會是隨之而來的獎勵，這便是我對自己的期許。因此，我會加倍努力！

最後，我覺得要給自己一個承諾來激勵自己向著那個高度而努力，使自己的行動可以配得上自己的目標。我也不會心疼自己，因為今天的刻苦是為了明天的輝煌，而且人生是因承諾而精彩的。許下承諾，就要實現它，哪怕付出代價。不是嗎？

人的生命要有價值，就要把握住生命的每一分鐘，全力以赴，向我心中的目標進發！母校，願我能成功！

給母校的信

3B 溫卓芝(12)

親愛的母校：

你好嗎？不經不覺我在您這裏學習已經有三年了，距離離開您的時間還有半年，不過，回想三年間，我在這裡經歷的，有快樂的、有憂慮的、有興奮的、有忘我的，當然還有讓我念念不忘的事情……

還記得我剛剛進來這間學校時，懵懵懂懂的，不懂規矩，也沒有相識的朋友。後來我用了大概一個月的時間，和大部分同學混熟了。而我在1P班和2P班裡難忘的事情數之不盡，其中有兩件事情令我印象最為深刻……

第一件事發生在2P班的時候。還記得那時我們是全級最搗蛋的一班，其實這不是一件值得炫耀的事，不過，最令我驚喜和窩心的是每次闖禍的時候，老師要求我們指出誰帶領我們闖禍，但是所有人都承受著被罵的風險，默默低著頭，不作一聲，從來不會有誰供出誰是首領，結果我們每次都是全班一起挨罵、被責罰，大家本著「有難同當」的精神承擔責任，是頗為令人感動的。

第二件事也是發生在2P班時。在學期末的時候，那時是中二最後一次考試前的最後一次數學課，我們在裘老師來課室前，特意買了三、四包便利貼，貼在白板上，形成一堵「便利貼牆」，上面寫著對裘老師感謝的話，還有他的金句。我們用屏幕把小字條都蓋著，然後安靜地等待裘老師的來臨。最後，裘老師既驚喜又興奮地表示我們是第一班給他這種驚喜的學生，他耐心地把一張一張的小字條細細讀出，然後小心地收起。我們班要是團結起來，是頗能做出讓人窩心的事情的。

別人看來微不足道的事，對於我們來說都是難忘的回憶。雖然帶著不捨的心情由2P班升到3B班，但我相信3B班往後會為我帶來歡樂，留下一些深刻又有趣的回憶，所以我會好好珍惜餘下半年的時光。最後，感謝您不斷包容和照顧我們，我一定會不忘初衷，努力讀書的，不負母校師長對我們的教導！

祝

教安

學生
溫卓芝
十一月十一日

20th Anniversary Competitions

Department of English Language • 20th Anniversary Writing

Luk Ka Yi, Carmen (3C)

Po Leung Kuk Tong Nai Kan Junior Secondary College is an amazing school. To me, I think all the people here are wonderful and fantastic. I feel delighted and honored to be one of the members of this big family.

The students here are helpful and friendly to each other. I have met a lot of friends in this school. We always learn from others and play together. I met my best friends when I was in Form 1. Even though we are not in the same class this year, we always meet each other during recess or school activities. I treasure the friendship that I have gained and I enjoy studying in this harmonious and joyful school.

We have a lot of extremely hardworking and caring teachers. Some teachers often stay at school and mark our homework until 11:00 p.m. I think every teacher in my school is great. Although they have very different teaching styles, one thing remains the same among all teachers, that is, every teacher in our school will never give up any students. I used to get very low marks and my academic performance was not satisfactory. But my teachers did not give up on me. They guided me and helped me patiently throughout the years. With all the hard work and efforts from both me and my teachers, I have improved a lot during these three years. I am grateful and feel lucky that I have studied in Tong Nai Kan. I have 3 great and fruitful years here and I am sure I will definitely miss the school when I begin my study in the senior secondary forms.

Apart from the students and the teachers, the principal in my school is also nice and kind. Principal Wong is the best principal I have ever seen. Every day, he has a lot of work to do and is very busy, but he still stays with us all the time and tries his best to know every student well. He often walks around the school and talk with us. I can feel that he cares about every student in the school.

The school is like our home. Although I will graduate soon, I believe the Tong Nai Kan spirit will always be with me. Thank you so much Principal Wong, teachers and all my schoolmates. I have a wonderful junior secondary school life!

Lo Abbie (2P)

Once I had felt so excited being part of this school, then I had been feeling bitterly regretful for choosing our school, but I can totally say that I am now blessed to be here.

Angelina Jolie once said, "Without pain, there would be no suffering, without suffering we would never learn from our mistakes. To make it right, pain and suffering is the key to all windows, without it, there is no way of life." I can't agree more with this, since I earnestly experienced it.

Our school might not be like some traditional schools and it may not be that famous, but I wanted to have an interview with this school as it gives me an image which makes me think that, I was thinking, "this will certainly be a great place for me!" Promoting to an EMI school hasn't been an obstacle to me, instead it gave me advantages and opportunities. When I was first here, teachers have been giving me chances to join in clubs, participate in functions, representing the school and so much, my school life started off to be a success.

Everyone must think that I was probably enjoying myself here at that time, but unfortunately, I wasn't being myself.

Starting off well and smoothly implied the start of a nightmare to me at that moment. I have been the lucky one since teachers have given me quite a lot of opportunities to shine. However, I'm up to neck in work which made me feel stressful.

Under tons of workload, I had to take care of my academic and those various duties simultaneously. Since then, my parents started complaining that I've been keeping busy and engaging in too many pursuits. Conflicts between us had been frequent and this had worsened the relationship between me and my family.

Even worse, problems between schoolmates arouse as some were envious as it seemed like I took most of the jobs at school. I felt isolated as they stayed away from me and talked at my back, people around me made me feel melancholy and blue.

I started feeling dismayed of being in this school and the pressure started to mount up. Those days have been my dark period, and everything seemed to be a mess. At that time, going to school was a can of worms to me and I definitely did not know how to tackle them.

At that moment, when everyone predicted that I was going to find a friend and have some deep talks with them to be healed and happy ending would come. Unpleasant things come at me continuously. My best friend cheated on me, she did something to hurt me and then she claimed that she never treated me whole-heartedly from the beginning. I was broken and I felt so frustrated facing such situation.

Facing lots and lots of complicated situation, my academics results has dropped in the test too. As I set quite higher goals for myself, I felt so disappointed when I failed to meet these.

When you put things you have to handle in different categories, I mean for people in school, you usually only say "Family / Academic results / Friendship", but who would predict that I have it all failed? At the moment, I simply got no support that I once thought of committing suicide as I am unable to deal with it.

But then, during the hard times, I found that I still got somebody who never left me alone—my teachers at school. I often cry at that time, but they didn't think I was annoying, they listened to me grumbling everyday patiently. When I feel lost in dark and it seems like I can't see my way through, they are my light guiding my path. Although I get used to be speaking in public, there's a time that I feel so nervous before leading any speech on the stage after experiencing those days, I was worried that I can't live up to the expectations; and I remember once I was scolded by my parents, I then felt like I was down in the dumps. I didn't hesitate and I called a teacher to share with her about it, she answered my call and replied, "Have faith in yourself, sleep early and don't think too much. I'm always with you!"

Meanwhile, after listening to advice from teachers and a great pile of warm words of comfort, my thoughts were changed. I didn't feel regretful anymore, life is tough and full of challenges, but I know that I am growing up with them! This reminds me a quote from the bible: "For I know the plans I have for you," declares the Lord, "plans to prosper you not to harm you, plans to give you hope and future." We all learn from failures and pain, they are needed for growing up.

After a little storm, I have turned back to that cheerful girl I used to be. Conflicts with my parents had soon come to an end, schoolmates found that they had some misunderstanding on me and they soon apologized to me.

In the twinkling of an eye, I've already met some new friends who did try comforting during the storm. When I'm becoming more positive, my academic results got improved too as I'm in a good condition to journey on!

Life's back to normal again, what matter most is that I recognized that teachers cared about us a lot. Here, I would like to take this opportunity to show my gratitude to all teachers for helping each of our student in TNK to become more mature. Thank you for your hard work in the past twenty years making TNK a better school.

Happy twentieth anniversary, TNK!

Department of Visual Arts • 20th Anniversary Stamps Design Competition



Champion
2016/17 3C Kuo Chit

Department of Visual Arts • 20th Anniversary Logo Design Competition



Champion

2016/17 2D Kong Tsz Yik

Department of Computer Literacy • Video Competition

Winner

Fung Tsz Pok
Lai Kim Wa
Pang King Hei
Pang Yuen Pok



20th Anniversary Activities

11-22/9
2017

20th Anniversary Celebration Kickoff

Venue School Campus

18/11
2017

20th Anniversary Joint School PTA Activity Day

Venue Ting Kau Airport Core Programme Exhibition Centre,
My Cup NOODLES Factory, Aviation Discovery Centre,
Tung Chung Fort

9/12
2017

20th Anniversary Celebration Ceremony cum

Unveiling of TNK Milestone

Venue School Campus

10/12
2017

20th Anniversary School Open Day

Venue School Campus

12/1
2018

20th Anniversary Teacher-Alumni Gathering

Venue School Campus

10- 15/2
2018

20th Anniversary Lunar New Year Fair Stall

Venue Hong Kong Victoria Park

10/3
2018

20th Anniversary School Fete cum Family Fun Fun Day

Venue School Campus

5/7
2018

20th Anniversary Inter-schools STEAM Motorboat Competition

Venue PLK HKTA Yuen Yuen Primary School

20th Anniversary Celebration Kickoff



▲ Our students based on the alphabet "P", "L", "k" and lined up which represents the word of "Po Leung Kuk".



▲ Our Scout Members were holding the congratulation signs of 20th Anniversary happily.



▲ Students had more understanding on the "Kuk's Spirit" after participating in these activities.



▲ Students showed their appreciation to our school for nurturing students.



▲ Our Principal, Mr. Wong, was holding the 20th Anniversary Banner.



▲ Ms. Chan, Ms. Wong, Ms. Tang and Ms. Lam (from left to right) were showing the logo of 20th Anniversary of our school cheerfully.



▲ Student helpers introduced the "Kuk's Spirit" to the schoolmates before the activity started.

20th Anniversary Celebration cum Unveiling Ceremony of TNK Milestones and School Open Day

20th Anniversary Celebration cum Unveiling Ceremony of TNK Milestones (History Gallery & Contour Wall Painting) was held on 9th December, 2017. We were flattered to have the presence of our Officiating Guest, Prof. Yung H. Wong, Ph. D., Chair Professor and Associate Head, Division of Life Science, the University of Science and Technology. We were also honoured to have the presence of our Chairman of Po Leung Kuk, Miss Abbie S.K. Chan, our School Supervisor, Mrs. Angel Lau, BBS, JP esteemed special guests, parents, teachers and students.



Miss Abbie S.K. Chan, Chairman of Po Leung Kuk, is delivering a welcome address.



Mrs. Angel Lau, BBS, JP and Miss Abbie S.K. Chan are presenting a souvenir to our Officiating Guest, Professor Yung H. Wong, Ph.D.



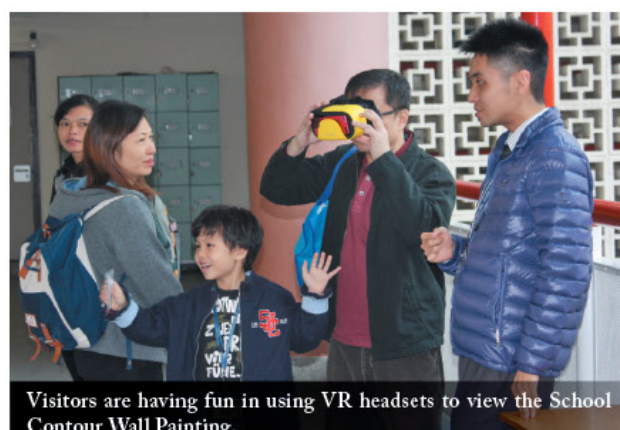
Launching Ceremony of TNK 20th Anniversary Celebration is officiated by Professor Wong and the Officiating Party.



Unveiling Ceremony of TNK Milestones (History Gallery) is held on the G/F. The public can know more about the history of TNK.



Unveiling Ceremony of TNK Milestones (Contour Wall Painting) is held on the 4/F. Guests are completing the painting.



Visitors are having fun in using VR headsets to view the School Contour Wall Painting.

Our Family

Staff Photo (2017-2018)



Mr. Au Yeung Hau Wai, Mr. Hon Chi Kwong, Mr. Chan Kin Fung, Mr. Cheng Yuk, Mr. Liu Tin Wai, Mr. Sze Nin Fung, Mr. Lau Kin Fai, Mr. Chan Lai Choi, Mr. Wan Kai Wing, Mr. Kwok Chun Hin, Mr. To Tik Hin, Mr. Leung Wai Kei, Mr. Lam Wai Kin, Mr. Chung Kai Kin, Mr. Woo Yue Tin, Mr. Timothy Li Chi Ho, Mr. Chow Man Chung

Ms. Tang Cheuk Yan, Ms. Tang Lap Kwan, Ms. Lee Cheuk Hang, Ms. Chu Wai Ting, Ms. Hui Ka Wai, Ms. Lam Ka Yan, Ms. Wong Yin Man, Ms. Chan Shuk Man, Ms. Ho Long Ping, Ms. Lai Hoi Ting, Ms. Yuen Ho Kwan, Ms. Wong On Nei, Ms. Ho Ka Yan, Ms. Wong Lai Shan, Ms. Siu Wing Ngan Ashley, Ms. Leung Shuk Ching

Ms. Wong Yin Ling, Ms. Wong Hiu Tung, Ms. Chan Ho Yan, Ms. Cheung Wai Fong, Ms. Fung Heung Wai, Ms. Chiu Man Ming, Ms. Leung Pui Fan (Assistant Principal), Ms. Siu Pui Yin (Vice-Principal), Mr. Wong Chung Ki Kenneth (Principal), Ms. Lau Pik Shan (Vice-Principal), Mr. Kau Chun Ming, Mr. Kwan Siu Ming, Mr. Chan Tsan Sen Jensen, Mr. Wong Tung Ming, Ms. Lee Shuk Fan Becky, Ms. Li Man Yee



Class Photo (2017-2018)

1A



Fourth Row
From Left to Right

FONG HIU WAI MA YEUK TING XU SIN MAN CHAN MAN WING CHONG WAI TING FONG YUEN CHI HE ANQI
CHUI TSZ HO TING HO KAM LEE TUNG LAM

Third Row
From Left to Right

MOK PIK WAI YIM LOK YIU YIU WING YI ZHANG WAI LING HUANG YAOLIN LEUNG CHUN HO LING HUNG YU
YEUNG CHAK HEI JERRY

Second Row
From Left to Right

MAN YUEN YUNG REGINA OU KAM YI CHEONG HAU NAM HUANG LOK YI ZHENG WING KWOK CHUN FUNG
WONG KIN FUNG LAU YING WAI TAM WING HO LAU TSZ CHUN FOK CHI HO

First Row
From Left to Right

WONG CHUNG KI PO HEI TUNG TANG TSZ WING LEUNG WING KEI Ms. WONG ON NEI Mr. TO TIK HIN
LEE CHUN HIN HUGO HO KAI CHUNG LEE WING DAO RUAN CHUN CHEUNG

1B



Fourth Row
From Left to Right

LAM HIU SUET CHAU CHI KIN KO KIN YEUNG LI CHUN HO LU YAT HEI LEUNG TSZ CHUNG LEUNG KIT CHUN
WONG LOK HIN LAU HEI NG

Third Row
From Left to Right

SU HOI KI LEUNG CHUNG YAN LEE CHEUK LAM HUI CHEUK YIN KONG YAN TUNG ANNIE LUI YUK CHING
TAI KA YIU SIN HOI WING CHU KA YIU NG WAI SHAN ANNIE

Second Row
From Left to Right

WONG CHUNG YEE HO MIU LAN CHUNG FONG TUNG KUOK CHI YAN LAM SIN TUNG LI WANQI
CHAN CHEUK LAM CHAN KA HO MA KA LOK CHENG CHING YEUNG CHAN YIN CHIT

First Row
From Left to Right

WONG SZE PUI YAU MAN KI YUEN WAI LAM Ms. TANG CHEUK YAN Mr. LEUNG WAI KEI FOK KA FAI
TONG LAI HANG MON CHUN HIM

1C



Third Row
From Left to Right

WONG CHUN NOK CHIU JORDAN HO CHI YEUNG PAK KIU MATTHEW LEE FOR YAN CHAN PING KUEN
LAM CHAK YU CHAN HOK HIN WONG KENG PO HEUNG CHUN HO

Second Row
From Left to Right

CHAN TSZ HO LIN KA TSUN NG CHE CHING CHEUNG WAI LAN CHEUNG MAN WAI TSOI ON CHI YUE YU JIN
NING XITONG CHEUNG SUM YU NICOLE CHAN CHAK LAP CHIK LONG HIN

First Row
From Left to Right

YAN HOI MAN CHAN TSZ NAM AGNES LEUNG PUI YING SU MEI YI Ms. LEE CHEUK HANG Mr. WONG TUNG MING
CHANYU KIU LAU WAI LAM WU KIN WAI FUNG YU CHEUNG

1D



Fourth Row
From Left to Right

TAMANG SABIN TANG CHEUK HANG WONG KWAN HO SIU ON HONG HUANG SHING LAM LIMBU SUWEN

Third Row
From Left to Right

CHAN MAN KIT CHAU SHING COBARRUBIAS MAHONRI EZEKIEL ESTRELL HONG WAI SAN WILSON
CHOW SAU YIN CHEUNG HANG VICTOR CHAN MAN KIT TSANG YAT LONG

Second Row
From Left to Right

TONG DEANNA BIKYING NG KA YAN LAW HANG UE TIFFANY SO WAN YIN HUMNA-SAEED-NADEEM
THEBE ASIA CHAN HOI SHUEN LAU WAN YI GACAD HANNAH FAITH ROSARIO

First Row
From Left to Right

FU SIN YING TO YIN CHAN CHIN WAI Mr. CHAN LAI CHOI Mr. LAU KIN EAI LEE YIN FUNG SIU WAI KIT
SHAHID MEHMOOD

Our Students

1E



Fourth Row
From Left to Right

HUNG TSUN YIU LEUNG SHEK LUN RALPH LAM CHAK HANG TSO MANG TUNG JACKY CHAN MAN HIN

Third Row
From Left to Right

NG SZE WAN LEUNG WAI KI LAU YU TUNG ANGIE LUK HEI TSZ ZITA CHIN CHUE FUNG CHAN CHUNG HIN
FAN WING LEUNG TSE MAN HIN

Second Row
From Left to Right

CHIK HONG MAN CHERISE FUNG O-YING SIBBY TAM WAI YAN KAN CHEUK HEI AUDREY LEE WING NAM
FUNG SAI HO WONG HO YAT LAI JARVIS LEE TSZ HIM WONG WANG HEI

First Row
From Left to Right

WONG HO LONG BIBIANE SAM KA YIU CHENG WAI MING CHIU MAN WAN DENISE Ms. LEE SHUK FAN BECKY
Ms. LAM KAYAN LUK CHUNG LAM RONNIE LAI PAAK HEI WU YU HIN LO PAK LONG ISAAC

1K



Third Row
From Left to Right

WONG KA SHING FENG CHUN TUNG AU YEUNG CHUN TING TSANG KA LOK YAU SAI HUNG LU WING YAN
TSANG CHING HEI

Second Row
From Left to Right

CHEUNG WAI MING CHAN CHING COMME LEUNG TSZ HONG LAI LOK LUI FUNG SHUI HANG CHAN TSZ FUNG
CHAN CHEUK HIM

First Row
From Left to Right

LEUNG SIN PIK TRAN HOI LAAM TANG YUEN YI Ms. LEUNG SHUK CHING Ms. WONG YIN MAN SIU HO YIN
IP CHUN YIN TONG HIU LOK

2A



Fourth Row
From Left to Right

LAI WAI FUNG NG SAI HO NG TSZ HIM LO CHI TSUN LEE WAI TSUNG AARON LEE MAU SUM LIU CHUN KAN
TSOI YAT SAN NGAI KIN WAI LI TIN YAN

Third Row
From Left to Right

YU KA YIU HUNG YUET CHING HA SZE NGA WONG LAP FU KAUR RAMANJOT LAU MING YIN CHAN SAN YIN
FU KIN ON

Second Row
From Left to Right

CHAN WING CHI LOK NGAI YAN TANG SHUK TING MAN CHING KOSAR TAYYIBA WANG ZHILIN KO PUI CHUNG
SUEN YUK HO CHEUNG CHUNG MING

First Row
From Left to Right

LEUNG ON KIU NG WU ISABEL LEUNG HIU TUNG Ms. HUI KA WAI Mr. SZE NIN FUNG CHAN WANG SAN
TAM PAK YIU CHEUNG CHUN TING

2B



Fourth Row
From Left to Right

SIU YIU TONG YAN TUNG WONG SHING LAM PUN HUEN TING CHOW CHI LAM CHOI CHUNG WAI
CEN HIN CHEUNG LAW SHING HIN CHU CHUN KWONG CHEUNG TING WAI NICK

Third Row
From Left to Right

WONG WAI FONG LAI HEI CHING HOLLY CHUNG LOK YIN OLINA LAM YING YING TSANG YU HIN
WONG CHING KIT TANG SAI MAN LAU CHEUK HIN BOSCO

Second Row
From Left to Right

NG TSZ CHING CHUNG FONG CHING LAU PUI KA LAM HIU CHING LEUNG CHUN HAI HO LONG SUM
HUNG KA CHUN SO YAT LONG CHAN CHI HANG WONG WING TAI

First Row
From Left to Right

WU KEI LEUNG AU-YEUNG FAN TANG YEE MAN Ms. CHU WAI TING Ms. LI MANYEE NG SUI HONG
LEUNG YIU LUN CHAN CHING NAM

Our Students

2C



Third Row
From Left to Right
KWAN TIK HO POON WUI CHUN LAM KAM TIM NG CHEUK MAN IP MATTHEW FONG LAU KIN CHUNG
WU YUHENG CHUNG CHI CHUNG LUNG YUNG CHI

Second Row
From Left to Right
LEE TSZ LAM HO WING SZE AU HANG YEE LAM LOK YIN TSANG YIK YIN TSANG TSZ KIT LAM WING CHEONG
MOK MAN HIN ISSAC LEE SHIU NAM SUNG KIT

First Row
From Left to Right
LAU KAM YU WU SUET YI SHIRLEY FUNG SZE CHIT Ms. HO LONG PING Mr. AU YEUNG HAU WAI TONG CHI KIN
HUI NGO TIN MARTIN CHAN HOK WANG

2D



Third Row
From Left to Right
CHAUTAK LUNG WU CHUN HEI CHEUNG CHEUK HEI USMAN MOHAMMAD SUM CHI SHING TAMANG ROHAN
MOHAMMAD-SHOAIB MOHAMMAD ZUHAIB CHEUNG MAN SUM

Second Row
From Left to Right
KHANDARE RONIT SACHIN LUO CHUN WAI WONG SZE NG WONG KA YAN FU MAN YI LAM TAI LUI EEMAN
TANG HIU LAM LUO SHING KWOK CHUN MING

First Row
From Left to Right
CHOW TIN YU LUI CHEUK HEI LAM TSZ TUNG Ms. CHAN SHUK MAN Mr. LAM WAI KIN TO KAI CHIN KING FAI
LI MAN HO

2E



Fourth Row
From Left to Right
LEE CALBERT HO YI CHAN CHI YEUNG YU TSZ CHUN CHEUK YIP LONG FUNG TSZ CHUNG MAK HO YAM
LI KAM WA FU CHUEN HEI CHEUNG KIT WONG KIN NAM

Third Row
From Left to Right
LAI WING TUNG CHOI WING HEI TSANG YIN SUM LUK HIU LAAM HUI HOI LAM KAREN CHAN HIU YU PINKY
KWOK TSZ YING LAM KA WAI GO QUAY ADRIENE FERNANDEZ WONG HIU YAU

Second Row
From Left to Right
HO LOK MAN WONG YU CHING TSANG TIFFANY P WONG YEE TING CHOW LOK YI LAU HO LUNG CHIU KA KIN
LEUNG TSUN HEI TUNG KA KIT

First Row
From Left to Right
LI WING TUNG SONIA LEE CHEUK NAM LAU HIU CHING Ms. CHEUNG WAI FONG Ms. HO KAYAN YU KWOK HUNG
CHAN KWING HEI CHAN PAK HIM

2K



Third Row
From Left to Right
LAU WING CHUN TSE KIN YI SIN CHUN MAN LEE HO YIN TRAN QUANG VINH TAM KA WANG

Second Row
From Left to Right
LAM HON SEE HANKS KU MAN HIN CHEUNG MAN CHING LEUNG WAI PAK TSANG HO YIN NG SIU KWONG
CHAN TIN YAU

First Row
From Left to Right
LI YUEN KIU TSE TSZ IN Ms. WONG LAI SHAN Ms. LAI HOI TING LO CHUN YU CHAN TSZ KIT

Our Students

3A



Fourth Row
From Left to Right

YAU CHUN CHEUNG MING HEI POON SIU CHUNG LAI WING HANG LAI LIK MAN TSE PAK YUE MAK KA HO

Third Row
From Left to Right

WONG SIN YUEN KAM YIN CHING CHAU MAN MAN CHAN TAK MAN TSE WANG HEI LEUNG SHU CHUNG ALVIN YU MING CHING TAM KA LOK

Second Row
From Left to Right

TAM NGA CHING KWAN HOI SHUN WONG WING HAN CHEUNG MAN LING LUK WAN YIN NG KA CHING LO TSZ YAN CHEUNG MING CHUN

First Row
From Left to Right

LUI YI WUN JANICE LAM CHING TAO ZHANG YAYI Ms. CHAN HO YAN Mr. KWAN SIU MING HUANG JIE HAO CHAN HO WAI WONG SZE LIK

3B



Third Row
From Left to Right

CHAN KA KIN YAU KA CHUN NG MAN NOK LAU CHUN YIN CHAN TSZ HIN TANG TSZ HO

Second Row
From Left to Right

CHEUNG SUM PO CHAN LOCK YIN PANG YIN LAM CHIU EUGENIE YIN CHUN YUANN JIA YU CHEUNG YUI HIN JEREMY NG PAK YEUNG

First Row
From Left to Right

POON HIN CHING LO ABBIE CHAN YU CHING KWOK FUNG TING CHAN TSZ LAM HO TSZ YAN CHAN FUK YEE TAM CHUI YEE TSANG TSZ YING

First Row
From Left to Right

CHAN HIU LAM LEE SIN HEI CHAN HOI YING MS. FUNG HEUNG WAI MR. CHENG YUK CHAN KUNLIN HO CHEUK TING YIP YIN BON

3C



Third Row
From Left to Right

NG KA CHUN LAW KWOK PO JULIUS TAM TSUN FUNG TAM KA HING LEE KAI CHUN, YIP WING SUI YU HAO TSANG HO WANG TSANG KA PO

Second Row
From Left to Right

WONG CHEUK HIM LAM CHEUK YING LEE YAN SIN NG CHEUK LING RACHEL CHU CHENG YUN CHAN KA HEE TONG HOI YAN GRACE LAW SIN IN NG TSZ SUN

First Row
From Left to Right

NG SZE WAI KWOK WING KIU LIU SZE NING Ms. YUEN HO KWAN Mr. CHAN TSAN SEN NGO CHEUK KIN CHAN ANTONY LAM YUET HUNG

3D



Third Row
From Left to Right

HUSNAIN QASIM NUSAMRIT TANTHANONG CHAN CHUN WING MYKO KWOK TSZ YEE SAEED ALI HASSAN BIN NADEEM GURUNG REUBEN HO YI LUN KONG TSZ YIK

Second Row
From Left to Right

SIAM HADI ADAM ABAKAR ADAM WONG KA LOK CHEUNG KA YI CHENG TSZ YAN WONG YEE CHAK NGA IU WONG HIU LAM NG WAI LING FAN PAK HEI TSANG LONG HIN CARSON

First Row
From Left to Right

CHOW YU KA CHAN TING HEI LI KA YI Ms. WONG YIN LING Mr. WOO YUE TIN MARTIN WU CHEUK FUNG CHEUNG SHUN YIU MAK CHEUK YIU

Our Students

3E



Fourth Row
From Left to Right

CHAN LOK TIN TAN WANG YAU WONG HO WANG LAI GABRIEL LEE WING LUNG TIMOTHY CHEUNG YIU HIN

Third Row
From Left to Right

NGAN WING HONG LAU TSZ HEI KWAN CHEUK HANG CHUN CHAK FUNG SUEN MAN TSUN WONG KWAN POK
CHAN KA LOK SAMUEL WONG TSZ YUEN

Second Row
From Left to Right

CHAN CHING YI POON KAM WAH FIONA CHAN OI YING TONG KWOK YU TAM CHOITUNG KWAN TSZ WING
LIN KA YUET SHEA CHEUK YING FONG WING YAN

First Row
From Left to Right

YEUNG CHING WONG LAM MAN LI PO HEI Ms. WONG HIU TUNG Mr. LIU TIN WAI CHIU KA WING CHUNG MAN HEI
YEUNG KA WAI

3K



Third Row
From Left to Right

WAN HO HANG HORUS LO CHENG XIN LEE MING KIU CHESTER NGAI TIN CHEUNG CHAN HO KWAN

Second Row
From Left to Right

WOO PUI YI WONG YUEN TUNG GLORIA WONG YU YUK FONG WING TING FU KA MAN CHOW JANAN CHING
LONG YAT LAM WING FUNG LI CHAK KWAN

First Row
From Left to Right

CHIPTSZ KI HONG YUNG YUNG HE SIYI Ms. SIU WING NGAN Mr. CHUNG KAI KIN YAU MING YUI WONG HO CHIU
YUEN MAN LUNG

ACADEMIC COMMITTEE

SCHOOL COMMITTEES

ACADEMIC COMMITTEE

- ◆ To build serious learning and teaching culture and atmosphere, enhance students' interests and capabilities in learning.
- ◆ To coordinate the development of subjects and library reading programs to promote reading in school.
- ◆ To develop school-based curriculum and effective learning and teaching strategies.
- ◆ To promote different teaching methods and strategies to get in line with education trends.
- ◆ To develop systematic operational procedures.

2016 World Book Day Fest – Towards a Reading City

Our school was delighted to be invited to hold a reading game booth at Sham Shui Po Government Primary School. With the theme of Love & Care, we designed some creative and meaningful Chinese language activities in presenting the story.



▲ Let's all remember this special moment.



▲ Participants with "the Little Prince".

PBL Presentation

In order to cultivate an inquiring mind and self-learning habits, as well as to develop students' generic skills, our school arranges "Project-based Learning" and "Graduation Thesis" programs for Form 2 and 3 students. On the Presentation Day held on 12th May, 2017, students presented their projects and insights with peers and parents. Form 1 students also attended the presentation to learn from the senior form students.



▲ Multimedia being used by students sharing their work in our Lecture Theatre.



▲ G03 Activity Room Students summarizing and analyzing their findings with charts.

DISCIPLINE AND GUIDANCE COMMITTEE



▲ Young mentors at the Sixth Form College prepared games, tasks and school tour for our S.1 students. It's a good chance for our students to learn more about the campus and culture in the Sixth Form College.

DISCIPLINE AND GUIDANCE COMMITTEE

- ◆ To guide students through a proper developmental path and build positive values.
- ◆ To help students to adapt to all kinds of transformations so that they can grow up healthily.
- ◆ To enhance students' integrity and character as well as establishing a good self-image.
- ◆ To guide students to be self-regulated, self-disciplined and respectful.
- ◆ To assist students to develop their intrinsic potential, control and manage individual emotions effectively so as to fulfill their needs for actualization.



Our school was honorably awarded with the Honour Award in "Caring School Award Scheme", which is the 12th consecutive year for our school to have received the award.



S.1 Students met their new schoolmates and enjoyed different group activities together in S.1 Leadership Training Day Camp.



Students engaged in self-reflection after the teaching mission and service in China.



Through the Leadership and Discipline Training Camp, S.3 students developed the ability to face adversity, built a sense of independence, solve problems in groups and engaged in self-reflection.



S.1 students enjoyed having tea with their class teachers.



Students prepared different English learning activities for the children in China.



Excited students playing games together.



Students following the coach's instructions during the discipline-training session.

EXTRA & CROSS CURRICULAR ACTIVITIES COMMITTEE



Form 1 students enjoying the recreational facilities of the camp site.



Being excited when they got prizes.



Form 2 students and teachers enjoying the school picnic day.



Form 3 students and teachers having a fun and fantastic picnic day.



Friendship First, Competition Second!



The team effort of K house showed us the power of Kabarda!



The spirit of Pegasus, Leopard, and Kabarda.



Winners of teacher-student & alumni of the 4x100m relay race.



Students queuing up to enroll for various clubs and school teams.



Students with their class teachers.



Students making new friends through different games.

EXTRA & CROSS CURRICULAR ACTIVITIES COMMITTEE

- ✦ To provide an enjoyable school life for our students.
- ✦ To strengthen students' sense of belonging to our school.
- ✦ To develop the interests and potential of our students in all areas.
- ✦ To build up the spirit of cooperation, self-discipline, responsibility and leadership within our students.
- ✦ To teach our students to take part in healthy activities during free time.
- ✦ To encourage our students to care for our society and participate actively in community services.
- ✦ To develop our students by promoting whole-person development through the extra cross-curricular activities.



Being excited when visiting Universal Studios Singapore.



We are going to visit Peranakan Museum.

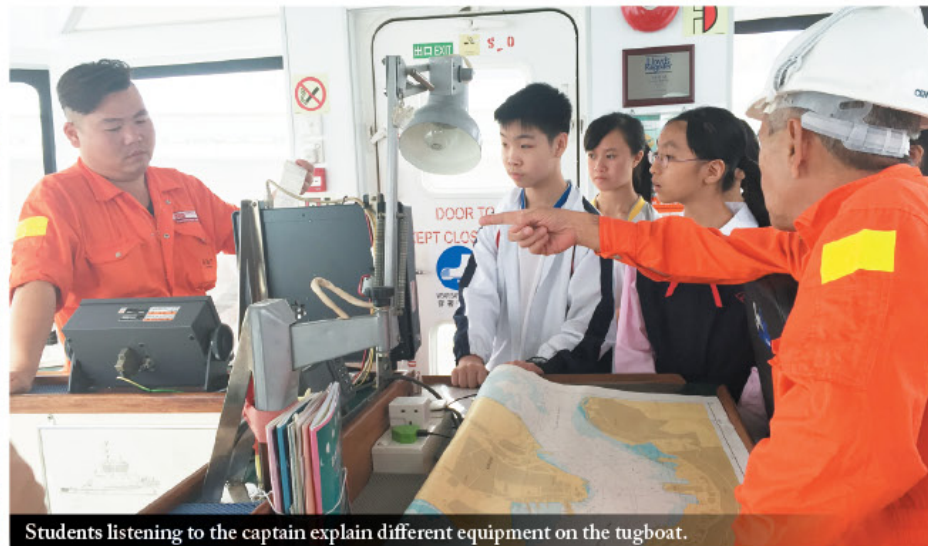
CAREERS GUIDANCE COMMITTEE

CAREERS GUIDANCE COMMITTEE

- ◆ To provide students with quality life planning education and career guidance services which are aligned with their developmental needs.
- ◆ To support students to make career decisions in accordance with their interests, abilities and orientations.
- ◆ To empower students to make informed and responsible choices on their learning and career goals leading to a meaningful life.
- ◆ To better prepare the students to actualise the potential through pursuit of persona and career goals.
- ◆ To assist parents in helping their children to make life planning and career decisions.



The Careers Guidance Committee organized a visit to Hong Kong Maritime Museum. Students in a tugboat.



Students listening to the captain explain different equipment on the tugboat.



The students have fun working on different jobs. They can have a greater understanding about different occupations after this activity.



The students work as accountants in order to understand more about this profession.



The Careers Guidance Committee organized a visit to M1 Hotel in Yau Ma Tei. Students learn about different hotel jobs.

MORAL AND CIVIC EDUCATION COMMITTEE

- ◆ To help students develop proper moral values, virtues and a positive view on life.
- ◆ To help students understand themselves, their relationship with and responsibility to their family, school, society and the world.
- ◆ To help students understand our nation and to raise their national awareness.
- ◆ To enrich students' other learning experience, thus to broaden their horizons and develop their abilities to think independently.



Community Services - PLK Flag Day

The students have fun working on different jobs. They can have a greater understanding about different occupations after this activity.



Overnight Camp for Healthy School Scheme

An overnight camp for the Healthy School Scheme is held every year to provide students with challenging group activities like adventure games, outdoor cooking and war games.



ipoor - Poverty Experiential Activity

Students actually experience poverty so they can identify with the poor.



Dialogue in the Dark

The students have fun working on different jobs. They can have a greater understanding about different occupations after this activity.



Overnight Camp for Healthy School Scheme



School Mini-forum

A School Mini-forum is held every year with a current social issue as a discussion topic.



Visit to Civic Resource Centre

Through interactive games and movies in the Civic Resource Centre, students are able to learn more about civil responsibility and nationality.



Take Action for the Poor

Second hand materials are collected from students every year for society's deprived.



Visit to Legislative Council

Students learn about the legislative system of Hong Kong by visiting Legislative Council.



The Campus TV room and the AV equipment provide opportunities for teachers and students to prepare educational videos to arouse students' interests in learning.

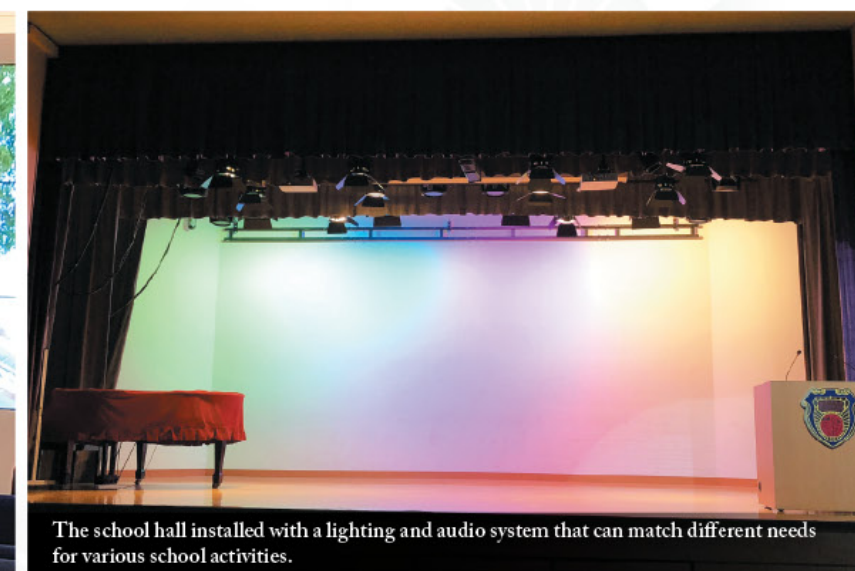
INFORMATION TECHNOLOGY COMMITTEE

INFORMATION TECHNOLOGY COMMITTEE

- ♦ A wide variety of IT equipment has been installed on the campus, including visualizers, LCD projectors, etc. Teachers of different subjects use the equipment to assist their teaching to enhance student-teacher interaction. Different e-learning tools are available for teachers and students to prepare for the shift of pedagogy in recent years.
- ♦ To promote the efficiency and quality of the school administration, and offer IT and AV assistance to subjects and committees.
- ♦ To promote the school through the school homepage.
- ♦ To maintain the IT and AV equipment and the school network in a good condition.



The lecture theatre equipped with video conferencing system which allows the possibility of learning without boundaries.



The school hall installed with a lighting and audio system that can match different needs for various school activities.



Students using iPads in a tram trip activity

ENVIRONMENT & RESOURCES MANAGEMENT COMMITTEE



The fun Form 3 Farewell Party.



Form 3 Farewell Party was held successfully by SU and all Form 3 students.

STUDENT AFFAIRS COMMITTEE

STUDENT AFFAIRS COMMITTEE

- ✦ To coordinate the work and activities of students affairs internally and externally.
- ✦ To ensure the resources can be used effectively in order to maximize students' benefits.
- ✦ To arrange internal student affairs.
- ✦ To implement the work which is for the welfare of students.
- ✦ To take care of students' mental and physical development.
- ✦ To raise students' sense of belonging to the school.
- ✦ To obtain external resources for students.
- ✦ To recommend and nominate students for internal and external scholarships as well as financial aid to improve student's self-esteem and build self-confidence.

ENVIRONMENT & RESOURCES MANAGEMENT COMMITTEE

- ✦ To enhance the use of resources by managing the school facilities.
- ✦ To operate the school efficiently by coordinating the use of school venues and furniture.
- ✦ To enhance the students' sense of belonging by improving the school campus and facilities.



Our Lecture Theater is well equipped to offer various activities.



The Wall mounted TV provides a visual tool to connect with the outside world.



Leisure area for students during lunch and recess.



Students performed their traditional national dance in TNK Talent Show.



Students singing Christmas songs in the TNK Talent Show.



Class 2E won the 2015-2016 Overall Inter-class Competition.



Students tasted delicious fruits during the Joyful Fruit Week.



Students participating Inter-Class Basketball Competition.



Our students obtained TNK Star Awards.



Principal presented TNK Star Award to the awarded students.



New Student Union set up.



Students at the game booths organized by SU during the Joyful Fruit Week.



Form 2 Students had lunch with Principal Wong.



Form 2 Students had lunch with the Vice Principal, Miss Siu.

ACADEMIC & STAFF DEVELOPMENT COMMITTEE



Canada Study Tour
Students and teachers visited the University of British Columbia on the tour.

ACADEMIC & STAFF DEVELOPMENT COMMITTEE

- ✦ To develop the school language policy.
- ✦ To build an English-rich learning atmosphere at school to improve the English standards of the students. To enable subject departments and committees of the school to cope with the school language policy. To plan academic exchange programs.
- ✦ To encourage teachers' professional development.
- ✦ To unite the teaching staff, providing opportunities to exchange different points of view, establish and enhance the support network between staff.
- ✦ To form a bridge between PLK Vicwood K.T. Chong Six Form College and PLK Tong Nai Kan Junior Secondary College.
- ✦ To introduce new concepts from outside and inspire staff in order to continue self-improvement.
- ✦ To assist new staff in adapting to the environment and to gain an understanding of the school culture.



Shenzhen Study Tour

A group of 15 students joined the Shenzhen Study Tour and had a great experience studying in a secondary school there.



Our students experience the lessons at Guangzu Middle School during their stay – and certainly not missing the afternoon exercise sessions!



Students enjoyed a memorable trip in New Zealand.



Joint Schools New Zealand Study Tour

The guests of honour joined our students to sing at the tour's closing ceremony and shared the happy moment together.



Students enjoyed a memorable trip in New Zealand.



Student Exchange Programme

Students from Maryknoll Fathers' School are warmly welcomed by students and teachers in class 2P.



Ningbo Academic Exchange Programme

3 teachers and 15 students from the Handbell and Chinese Orchestra Team went for a meaningful exchange tour in Ningbo, China.



The students are having a fun time in the zoo.

PUBLIC COMMUNICATION AND CEREMONY COMMITTEE

PUBLIC COMMUNICATION AND CEREMONY COMMITTEE

- ✦ To enhance the school's image and popularity.
- ✦ To provide school information and news to the public.
- ✦ To strengthen the superiority of Through-train Program so as to promote school prestige and attract more target applicants.
- ✦ To recognize students' achievement.
- ✦ To raise funds for school development.
- ✦ To promote Po Leung Kuk's spirit.
- ✦ To connect the alumni with the school.
- ✦ To maintain the PTA operation.



Joint Schools New Zealand Study Tour 2016 Prize Presentation Ceremony: Group photo of guests and students



The graduates with teachers.



Experience EMI Learning Day: One of the groups at the end of an enjoyable afternoon.



Students are trying out 3D Design and printing with the help of our student helpers.



The Tian Teck Building and Irene Yu Lecture Theatre Dedication Ceremony and Opening Ceremony: Plaque-unveiling Ceremony of Irene Yu Lecture Theatre officiated by Mr. Eddie Ng Hak-kim, SBS, JP and the Officiating Party.

CHINESE LANGUAGE

SUBJECTS



1B Students got the award Choral Speaking Competition (Chinese) in the 67th Hong Kong Schools Music and Speech Festival.



▲ Students promoted to the second preliminary round of Rotary Cup Chinese Debate Competition. 2A Chiu Ka Wing, 2A Cheung Ming Chun and 2A Chan Oi Ying had outstanding performance in the competition.



▲ 2A Chan Oi Ying was awarded as the Best Debater in the competition.



▲ The Chinese Association held a 'Writing Welcome Lunar Year of Money Couplets' activity. Students wrote their wishes on the couplets for their families and friends.



▲ Students had fun and immersed themselves in the New Year atmosphere.



▲ Members of the Chinese Association visited Amazing Clay: The Ceramic Collection of the Art Museum in the Institute of Chinese Studies at the Chinese University of Hong Kong. Students had a chance to know more about the production process of clay and their symbolic meanings.



▲ Members of the Chinese Association went to the Re-encountering Confucius Exhibition on 23rd March 2016 at the Education University of Hong Kong.



▲ 2A Li Po Hei was awarded the Champion title in the 7th Golden Bauhinia Cup Putonghua Speech Competition 2016.



▲ Students had an outstanding performance in the 8th Golden Bauhinia Cup Putonghua Competition 2017. 2A Li Po Hei received the Champion title, 3A Chow Hiu Yeung attained the 1st runner-up, 2A Hong Yung Yung received the 2nd runner-up and 2A Cheung Sum Po attained the Merit Award.



▲ 1C Ng Sze Wai attained the 1st runner-up for Solo Chinese Speech in in the 67th Hong Kong Schools Music and Speech Festival.

ENGLISH LANGUAGE

Life-wide Learning Day Activity – Tram Trip

On the tram, students had to finish some tasks with their iPads and tour booklets through observing the places that they were passing during the tour.



English Drama Performance

Each of the Form two classes prepared a short play to show us what they have learnt in the English drama lessons.



Life-wide Learning Day Activity – English Day Camp

Students have learnt through different activities outside the school campus.



Halloween Fun Day

The school hall was transformed into a ghoulish place, all English ambassadors and two guest native English teachers colourfully and creatively transformed into witches, ghosts and other cartoon characters.



MATHEMATICS



Four participants joining HKMO (Girls) invitation event.



Students happily receiving awards from HKMO and HuaXia Cup competitions.



Students playing Mathematics games in the canteen after school.



Internal Mathematics contest - students facing some challenging Mathematical questions



Students joined an external Mathematics event (T-puzzle competition) and received the 2nd runner up award.

CHINESE HISTORY



We went to the Presidential Palace in Nanjing. We couldn't wait to see what is inside there on the second day.



3A Chow Hiu Yeung, 2A Chan Oi Ying, 2B Li Po Hei and 2C Hui On Ni got the Outstanding Golden Award in team work in the 6th Hong Kong China National Knowledge Competition.



(From left to right) Mr. Chan Hon Shing, Ms. Lau Pik Shan, Mr. Wong Chung Ki, Mr. Leung Chiu Yin, Dr. Leung Cho Nga, Mr. Yeung Kin Chung Clifton, Dr. Au Chi Kin, Mr. Thomas Tsang, Ms. Chan, Dr. Lee Poon Shing, Ms. Siu Pui Yin and Mr. Kwan Siu Ming.

天德大樓 Tian Teck Building

朱李月華題



Hong Kong Youth Historian Award 2016
3A Chow Hiu Yeung received the 3rd prize in the junior section of the Hong Kong Youth Historian Award 2016.



The Basic Law-Escape from the Maze Contest
3A Chow Hiu Yeung and Chow Yung Ting from KTC received the 1st Runner-up award in the Basic Law - Escape from the Maze Contest.



Panel head of Chinese History Department, Mr. Chan Hon Shing, presents a souvenir to the guest speaker, Mr. Liu Nan to express our gratitude.

DESIGN & TECHNOLOGY

Po Leung Kuk Tang Nai Kan Junior Secondary School, together with nine secondary schools and four primary schools, a total of 94 teachers and students and accompanying parents went to the United States Tampa Saint Petersburg Beach from June 1 to June 3 for three days "Robofest 2017 World Championship" to obtain impressive results.

From more than 10 countries and regions, including teams from 14 US States, Brazil, Canada, China, Colombia, Egypt, England, Ecuador, France, Ghana, Hong Kong, Hungary, India, Korea, Lebanon, Mexico, Singapore, and South Africa, nearly 220 teams, a number of robot race project. Po Leung Kuk Tang Nai Kan Junior Secondary School sent 2 male and 6 female students participate in the GRAF (Global Robotics Art Festival) Senior Team and Roboparade Creative Robot Tour. One of the group of four students with reference to the local environment to design Roboparade creative robot combination, and finally stand out to win, while the other group also won the third runner-up.



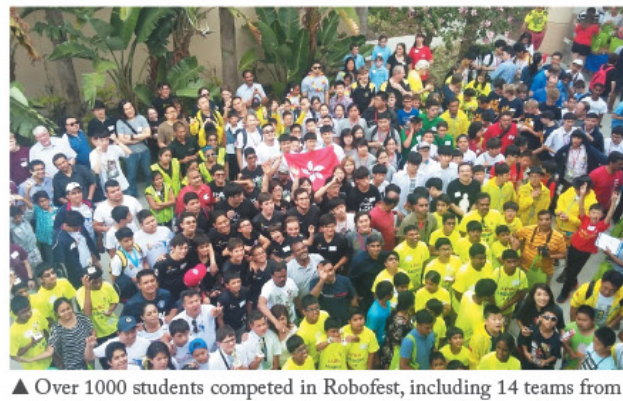
▲ Our school teams competed on June 2, 2017 at Robofest World Championship event in St. Petersburg Beach, Florida. The theme of the event was tropical beach "Surf and Sand".



▲ Our school teams competed on June 2, 2017 at Robofest World Championship event in St. Petersburg Beach, Florida. The theme of the event was tropical beach "Surf and Sand".



▲ One of our groups won an award with its Roboparade creative robot, while the other group also won the 3rd runner-up.



▲ Over 1000 students competed in Robofest, including 14 teams from the United States, Brazil, Canada, China, Colombia, Egypt, England, Ecuador, France, Ghana, Hong Kong, Hungary, India, South Korea, Lebanon, Mexico, Singapore and South Africa.



▲ Students visit the Orlando Science Center which has been a place that inspires curiosity and exploration.



▲ Kennedy Space Center Visitor Complex is part of an active spaceport where our students can get closer to NASA than anywhere else on the planet.



Teachers and students are well prepared and ready for rolling out the activity.

ECONOMICS



▲ The student instructor is explaining the rules of the activity to participants.



▲ The student banker is distributing consumption and investment cards to participants.

During Creativity Fortnight, Economics, Business & Accounting and Liberal Studies Departments jointly host a lunch-time activity which was full of fun for our students.

In the activity, students were required to take part in a board game called Cashflow - a financial simulator using RPG elements and simplified stock and real estate markets. Students allowed to choose a character to play. They could be in different professions, such as doctors and lawyers, or they could choose to be truck drivers or janitors. Irrespective of their careers, they were requested to manage their debts, incomes, expenditures and other financial details. The winner was the one who had the greatest cash flow at the end. Students had great fun in the activity, and most importantly, they learned a lot in managing their finances through active engagement in a simulation.



▲ Participants are calculating the total amount of cash flow they possess.



▲ Participants are actively engaging in the activity.

GEOGRAPHY

The Mainland Exchange Programme to Zhaoqing

In order to deepen students' understanding of the culture, rural and urban development as well as conservation in mainland China, we organized a two-day Exchange Learning Tour to Zhaoqing for our S.2 students.



The Climate Youth Network 2014-15

In year 2014-15, 17 members of Geography Club participated in the "Climate Youth Network 2014-15". This was organized by the United Nations Environment Programme (UNEP) and Green Power. They were awarded "Outstanding Performance" with HKD\$10,000 "Green Fund" for environmental protection.



The Inter-School Cross-curricular Project competition on Climate Change 2016-17

In Year 2016-17, 6 students from Class 2A participated in the "The Inter-School Cross-curricular Project competition on Climate Change 2016-17" organized by the Education Bureau. After producing written reports and presentations, they were awarded 2nd runner-up in the final round. This led to an invitation to join the Climate Change Study Tour to Qingdao and Zhengzhou in July 2017.



HISTORY



▲ Visit the Ping Shan Heritage Trail (History Club)
Students in front of the Tang Ancestral Hall.



▲ School Open Day
The visitors listening patiently to the introduction given by our student helpers.



▲ Creativity Fortnight - Geography & History Department
(Anemometer and Sundial Workshop)
Students excitedly making their own anemometer.



▲ Life Wide Learning Day - the Hong Kong Maritime Museum
Students at the Hong Kong Maritime Museum.



▲ Students at the traditional Manchu Han Imperial Feast displayed at Tao Heung Museum of Food Culture.



▲ Students finished their first wool felt mini cake.

HOME ECONOMICS



▲ Game Booths prepared by students promoting the importance of a healthy lifestyle.



▲ Combining the chopping and creative skills, students display a rose shaped salad.

LIBERAL STUDIES



Visiting a mainland school.



Students exchanging souvenirs with students from mainland China.



Photo taken with the chairperson of the Debate Competition.



Attending Basic Law Competition Prize Presentation Ceremony.



Attending Quiz Competition Prize Presentation Ceremony.

PHYSICAL EDUCATION



Our Swimming Team Members.



Our swimming team members won 3rd Runner-up Boys B Grade 4x50m Free style Relay in Inter-School Swimming Competition.

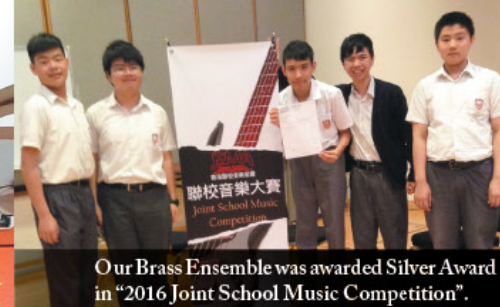


Inter-School Volleyball Competition (Girls C Grade).



Our Girls C Grade Volleyball Members.

MUSIC



Our Brass Ensemble was awarded Silver Award in "2016 Joint School Music Competition".



S.3 students learning an African song with different body movements.



Our school choir was awarded Third Class Honor in "2016 Guangdong Youth Cultural Festival Choir Competition".



Members of our school choir at the competition venue.



Our Chinese Orchestra received Bronze Awards in "2016 Hong Kong Youth Music Interflows" and "2017 Joint School Music Competition".



Members of our school choir at the competition venue.



Our Handbells Ensemble performing in the closing ceremony.



Our Percussion Ensemble received Meritorious Performance Award and Audiences' Favourite Award in "Power up Music - Joint School Concert".



Our Percussion Ensemble received Outstanding Performance Award in "Music Fantastico - Joint School Concert".



Our Pipa ensemble received Certificate of Merit in 69th Hong Kong Schools Music Festival.

PUTONGHUA



LAM WING FUNG, the solo verse speaking 2nd runner up in the 8th Hong Kong Golden Bauhinia Putonghua Competition 2017.



ZHANG RUIXIAN, the solo verse speaking champion in the 8th Hong Kong Golden Bauhinia Putonghua Competition 2017.



YEUNG KA WAI, the solo verse speaking 1st runner up in the 8th Hong Kong Golden Bauhinia Putonghua Competition 2017.



Our students received their awards from the guests of honour.



YEUNG KA WAI, the solo verse speaking 1st runner up in the 5th Peng Cheng Bei Chinese Speech Competition 2016.



Student helpers serving at the Putonghua game booth during Creativity Fortnight.



A student creating an impressive story using the Putonghua vocabulary cards.



A student drawing the Putonghua vocabulary cards from the board.



Students enjoy listening to an exciting Putonghua story.

SCIENCE



Our science team gained the 1st Place Grand Award and two teams got the merit awards in Physics and Engineering.



Hong Kong Youth Science & Technology Innovation Competition
Two science teams received merit awards in Physics and Engineering.



The Science team gained the 1st Place Grand Award in Physics and Engineering.



A student received a merit award in the science fiction drawing.



Visit of Mai Po
A S.3 class visited the wetlands around the Mai Po marshes and Inner Deep Bay experiencing Hong Kong's biodiversity.



International Junior Science-Olympiad Hong Kong Screening Competition
A student received Second Class Honour.



Visiting Inno Carnival
The Science team and science club visited the Inno Carnival to explore the latest inventions and innovations.



Mainland Exchange Programme, namely Natural Landforms and Conservation in Zhaoqing jointly held by Science and Geography Departments
The students understood the rural-urban development as well as the nature conservation in Guangdong and its relationship with Hong Kong.



Visit of Kadoorie Farm & Botanic Garden
Students explored the plants and some wild animals and nature in Hong Kong.



Visit of Tai Po Kau Nature Reserve
Students explored the nature reserve.



A student received a merit award in the science fiction drawing.



Joining the Hong Kong University of Science and Technology (HKUST) Dual Program
Nine students were invited to attend the program and they completed it with satisfactory results.



Creativity Fortnight Inter-class Motor Boat Competition
Inter-class Motor Boat Competition was held in school. The participants were very creative and devotedly took part.



Visit of Tai Po Kau Nature Reserve
Students explored the nature reserve.



Visiting Stonecutters Island Sewage Treatment Works
Students visited the treatment plant.



Academic week game booth
Students joined the activities organized by Science Club members in the AC week.



Students attending the seminar of Financial Budget 2017.



First runner up in Financial Planning Competition.

BUSINESS ACCOUNTING



S.3 Students meeting the Financial Secretary.



Understanding the operation of Hong Kong International airport.

VISUAL ARTS

3D Tsui Chung Yin and 3F Chan On Kiu are the Arts Ambassadors of The Arts Ambassadors-in-school Scheme 2016-2017. They show an outstanding performance in art and Chinese Opera.



Students showing their artwork for the "Community Art Map" project.
Our school Drama Team participated in The Urban Renewal Authority Secondary School Drama Competition 2016/17 and won most of the major awards.



Drama Team members receiving their awards on stage.



Chan On Kiu is passionate about Chinese Opera.
Our school represents Sham Shui Po District in the "Community Art Map" Visual Arts Publishing Scheme by the Hong Kong Arts Development Council.



The Chinese Dance Team members won different awards in different dance competitions.



The Drama Team members and advisor-teacher with the guest of honor.

Some of our students have joined a Chinese Opera Training Programme, which was organized by Po Leung Kuk and the Chinese Artist Association of Hong Kong.



Chinese Opera participated in their annual performance in July 2015.



Lung Fuk Hoi and Chan Sze Wa were fighting fiercely while they were acting in 'Lady Warriors of the Yang Family' during last year's final performance on stage.



Chinese Opera participated in their annual performance in July 2015.



Lung Fuk Hoi and Chan Sze Wa were fighting fiercely while they were acting in 'Lady Warriors of the Yang Family' during last year's final performance on stage.

The Chinese Language Department and Visual Arts Department joined a Mainland Exchange Program for Junior Secondary students to visit the western historical architecture in Guangzhou from 25th to 26th November, 2016.



Students jotting down information provided by the tour guide in Chun Yuan.



Students studying the architectural styles in Dongshan district.



One of the classes in front of the Guangdong Revolutionary History Museum



All the students in front of the Sacred Heart Cathedral

Houses (2017-2018)

House Pegasus

Chairperson : 3B Lee Sin Hei
Vice Chairperson : 3E Chung Man Hei
Vice Chairperson : 3E Chun Chak Fung
Secretary : 2E Go Quay Adriene Fernandez,
3B Tsang Tsz Ying

Form 1 Representative : 1B Su Hoi Ki, 3D Husnain Qasim
Form 2 Representative : 2E Choi Wing Hei, 2E Mak Ho Yam
Form 3 Representative : 3C Chu Cheng Yun, 3C Tong Hoi Yan Grace



House Leopard

Chairman : 3K Woo Pui Yi
Vice Chairman : 3A Luk Wan Yin
Vice Chairman : 2B Tang Yee Man
Secretary : 3D Ho Yi Lun

Form 1 Representative : 1A Wong Chung Ki
Form 2 Representative : 2B Chung Fong Ching
Form 3 Representative : 3D Chak Nga Iu

Committee members:
3A Lui Yi Wun Janice, 1A Wong Kin Fung, 2E Li Wing Tung Sonia,
2B Leung Yiu Lun, 1B Lau Hei Nga



House Karbada

Chairman : 3B Chan Kun Lin
Vice Chairman : 3C Liu Sze Ling
Vice Chairman : 3E Lee Wing Lung
Secretary : 3B Chan Hoi Ying

F1 representative : 2E Lee Cheuk Nam
F2 representative : 2E Lau Hiu Ching
F3 representative : 3D Ng Wai Ling



Students Union (2017-18)



President : 3E Tam Choi Tung
 Vice President : 3E Li Po Hei
 Secretary : 3A Ng Ka Ching
 Financial executive : 3A Cheung Ming Hei
 Promotion officer : 3E Kwan Tsz Wing, 3A Cheung Ming Chun
 Liaison officer : 2E Choi Wing Hei, 3A Yau Chun, 3B Pang Yin Lam
 Recreational officer : 3E Chiu Ka Wing, 3E Tan Wang Yau
 I.T. : 3B Zhang RuiXian, 3C Law Sin In
 Supporting Team : 2E Tsang Tiffany, 2B Chan Chi Hang, 3E Lin Ka Yuen, 3E Yeung Ching
 3E Lee Wing Lung, 3E Wong Ho Wang, 3A Wong Wing Han,
 3B Chen Kun Lin, 3D Cheung Ka Yi, 3K Hong Yung Yung

Our Alumni



林佳銘

二零一三年畢業生
 香港理工大學
 社會工作系二年級生

日月如梭，轉眼間已經離開唐乃勤差不多七年，但如果此刻有人問我對學校還存有什麼回憶，我還是可以寫上滿滿的幾本簿。

曾經有家長問：「唐乃勤好嗎？」我答她：「好，好多機會。」在這裡短短的三年間，我遇過最多的便是「機會」。那一次，在早會時段戰戰兢兢地做著MC；那一次，擔起排球隊隊長的名銜出賽；那一次，面對全校唱出I dream my dream；那一次，在沙田大會堂演出話劇；那一次，在陸運會帶領著所有紅社社員為健兒們打氣；那一次，與同學一起探索新加坡……

印象最深刻的一次——那年我讀3A班，課室卻被編到二樓，自成一角，連體育課也不是跟隔壁班一同進行。我不知從哪來的勇氣，竟在eclass發了一封電郵給黃校長，問他為什麼要這樣「隔離」我們，想必他當時一定十分驚訝吧？誰知，隔天午膳，黃校長竟走進3A班房，向我們解釋班房安排的背後原因，以及對我們的不快致歉。其實他大可以對我的電郵視而不見，或是回覆數字打發我，但他沒有。我由衷地感激他，他給予我們機會，一個與校長認真溝通的機會；他給予學校機會，一個能聆聽及改善的機會。

在眾多的機會裏，我學到的將一生受用。機會除了要自己爭取外，還要靠別人製造，我衷心感謝校長及所有老師。謹此祝賀唐乃勤20周年校慶，並繼續充當幼苗們的水和陽光。



羅文偉

前保良局唐乃勤
 校友會主席

唐中開校初期是一所實用學校。我非常享受和懷念往昔密切的師生關係、課堂學習、課外活動（尤其宿營）……校園內的一切，我都樂在其中。

我現職跆拳道教練，更曾在唐中教授跆拳道班。在母校擔任教練是很特別的體驗，除了很高興能為母校服務外，更深深體會身為學生和教練的分別。初中時，我是一個需要教練指導的小子；數年後，我卻成為了指導師弟、師妹的教練，這時的我才明白何謂「傳承」。

話說回來，為什麼我會成為一位跆拳道教練？在此非常感謝蕭永顏老師。全因蕭老師的誘導，我參加了跆拳道訓練班，在此找到興趣，最後更成為了我的終身事業。當年，若然沒有老師的栽培，也無法成就今天的我。適逢今年是母校二十周年誌慶，在此送上祝福，敬祝母校桃李滿天下，老師們身體健康，生活愉快！



林家豪

保良局唐乃勤校友會主席
二零零九年畢業生
機動部隊成員

畢業時名為保良局唐乃勤中學的母校，現已易名為保良局唐乃勤初中書院，然而感覺一點都不陌生。

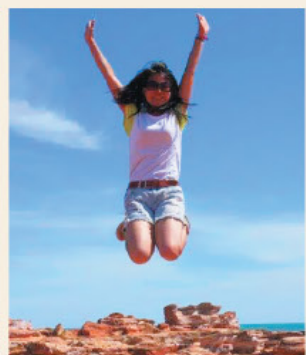
創校時是一所實用學校，如今已變成一間具規模的初中書院。遊走校園，往昔畫面瞬間在腦海裡浮現，不禁會心微笑。

十分懷念的每一分每一秒。

設施改建，邁向多元化；不少陌生的新老師，熟悉的是師生之間的融合和煦，這份人情味從未變遷。回想起當時受到老師的幫助，真的點滴在心頭。我自問不聰明，學業成績不理想，但老師們從沒因而放棄我。即使會考成績未如理想，老師亦提供最大的支援，協助我尋找出路，在我成長的旅途中，老師這角色比起同輩、甚至父母影響更甚。

轉眼間，我已投身社會工作七年了。看到以往身邊的同學已進入人生的另一階段：成家立室，養妻活兒；或是為目標努力奮鬥，盡展所長，每一位都為社會貢獻一分力。「天生我才必有用」，不要因為自己於起跑線落後而氣餒，相信自己，為自己定立一個可達成的人生目標，這就是能給老師最大的回報。

最後，謹此祝賀母校二十周年校慶，並祝願母校將來在學業和課外活動方面都能更上一層樓。



梁樹娣

二零零八年畢業生
正於澳洲留學

不經不覺母校來到第二十個年頭。想當年我離開學校的時候是十周年，時間過得真快啊！

在讀書的時候，我很想趕快就業。但踏出社會後，我卻時常回想起中學時光。離開母校已十年，我仍跟唐中老師和幾位中學朋友保持緊密聯繫。及後在香港工作一年後，我參加了澳洲工作假期體驗。出發前，師友們都滿懷擔心跟我道別，因在他們的心目中，我是一個非常單純的人。在澳洲的那兩年，他們幾乎每星期跟我聯絡，擔心我被騙，擔心我不夠錢用。的確，離開自己的家人和好朋友一段時間難免會捨不得；也有朋友說我這樣是浪費時間和青春。但我從沒有這樣想過，因為我在做自己喜歡的事情。

我只帶著一千五百澳元就出發前往澳洲了。沒有朋友，也沒有家人，什麼都從零開始。首兩個月，我一直找不到工作，帶著那麼一點點錢的我，銀行最後只剩六十大元，連那星期的房租也付不出來。雖然每天都外出找工作，但一直「吃白果」的生活的確很難受，腦海曾閃過拿信用卡買機票回香港。幸好，靠著老師們和親友的鼓勵，我一直堅持著，沒有輕易放棄，最終找到了工作，也認識了很多好朋友。今天，我仍在澳洲生活，在這裡，我更懂得讚美和欣賞自己。

適逢二十週年校慶，謹此祝願母校百尺竿頭，更進一步。

Acknowledgment

Po Leung Kuk Tong Nai Kan Junior Secondary College would like to express their heartfelt gratitude and thanks to the following people who have given support in our production of our 20th Anniversary Special Edition:

School Principal

Mr. Wong Chung Ki

School Vice-Principal

Ms. Siu Pui Yin
Ms. Lau Pik Shan

School Assistant Principal

Mr. Chan Kwai Fai
Ms. Leung Pui Fan

School Alumni

Mr. Lam Ka Ho
Ms. Lam Kai Ming
Mr. Law Man Wai
Ms. Leung Shu Tai

School Committee

Academic Committee
Academic and Staff Development Committee
Careers Guidance Committee
Discipline and Guidance Committee
Extra & Cross-Curricular Activities Committee
Environmental and Resources Management Committee
Information Technology Committee
Moral, Civic and National Education Committee
Public Communication and Ceremony Committee
Student Affairs Committee

Publication Team

Ms. Chan Shuk Man
Ms. Chu Wai Ting
Ms. Hui Ka Wai
Ms. Tang Lap Kwan

Others

All the teachers, parents, supporting staffs, janitors, students, alumni and friends

Future Prospects



Transformation into a Professional Academy - the future of TNK

“Two Decades of Tenacity, Striding Hard Towards Supremacy”.

In the past two decades, the school has been successfully reformed to be a professional junior college in nurturing our youngsters and preparing them for life-long learning. Our teachers have dedicated themselves incessantly to education, and their efforts and team spirit have paid off – enabling JSC to sustain its development on a stronger than ever foundation. We are honoured to receive the highest recognition and affirmation, the PLK Outstanding School Award, on our brilliant and successful result of our work in 2017 which celebrate our 20th birthday.

In order to continue with the provision of quality education to our students, we need to keep abreast of the updated education trends so as to position our pedagogies that fit the current needs. We need to provide extra care to cater for such the huge learning diversity. We also aim at promoting creativity and gifted development for every individuals and of course, we should not forget to strengthen the core values of humanity. In addition, with the appropriate use of technology, self-regulated learning will be encouraged. I hope to see that our teachers can keep on learning new ways and new things to strive for improvement, ultimately to serve the best interests of our students.

In the 21st century, students and teachers demand that the school can provide access to interdisciplinary and collaborative spaces, state-of-the-art technologies and advanced academic expertise. In receiving the support from PLK and a generous donation from donor, the school will launch the library renovation and relocation after the end of the this academic year so as to step into a next stage. This new library stands for the future of TNK as a place of unmatched intellectual achievement, free inquiry, and providential contributions to education. This new library is a place on this harmonious campus where the hunger for knowledge will keep getting stronger, inspiring excellence, and prodding us to bigger dreams.

Our renewed vision will revolutionize how we work together to advance learning and teaching in the 21st century. This library's transformation is a symbol of the school's commitment to students as they create new knowledge and solutions that contribute to Education in need and finally the school can stride hard towards our supremacy.



PO LENG KUK TONG NAI KAN JUNIOR SECONDARY COLLEGE

11, MEI LAI ROAD, SHAMSHUIPO, KOWLOON

TEL : 21945707 FAX : 21945718

EMAIL : plktnkjsc@plktnkjsc.edu.hk